

IBADAN

CITY IN FOCUS

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5

• Ibadan Official City Guide
JAN 2017 – DEC 2017

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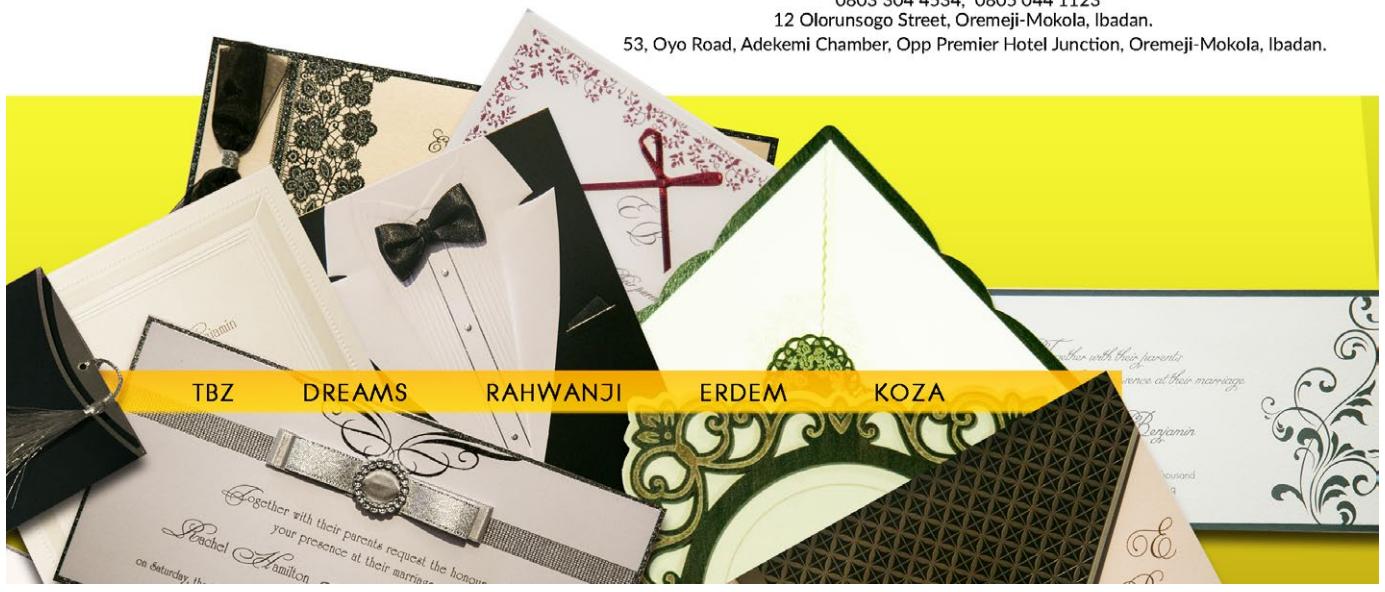
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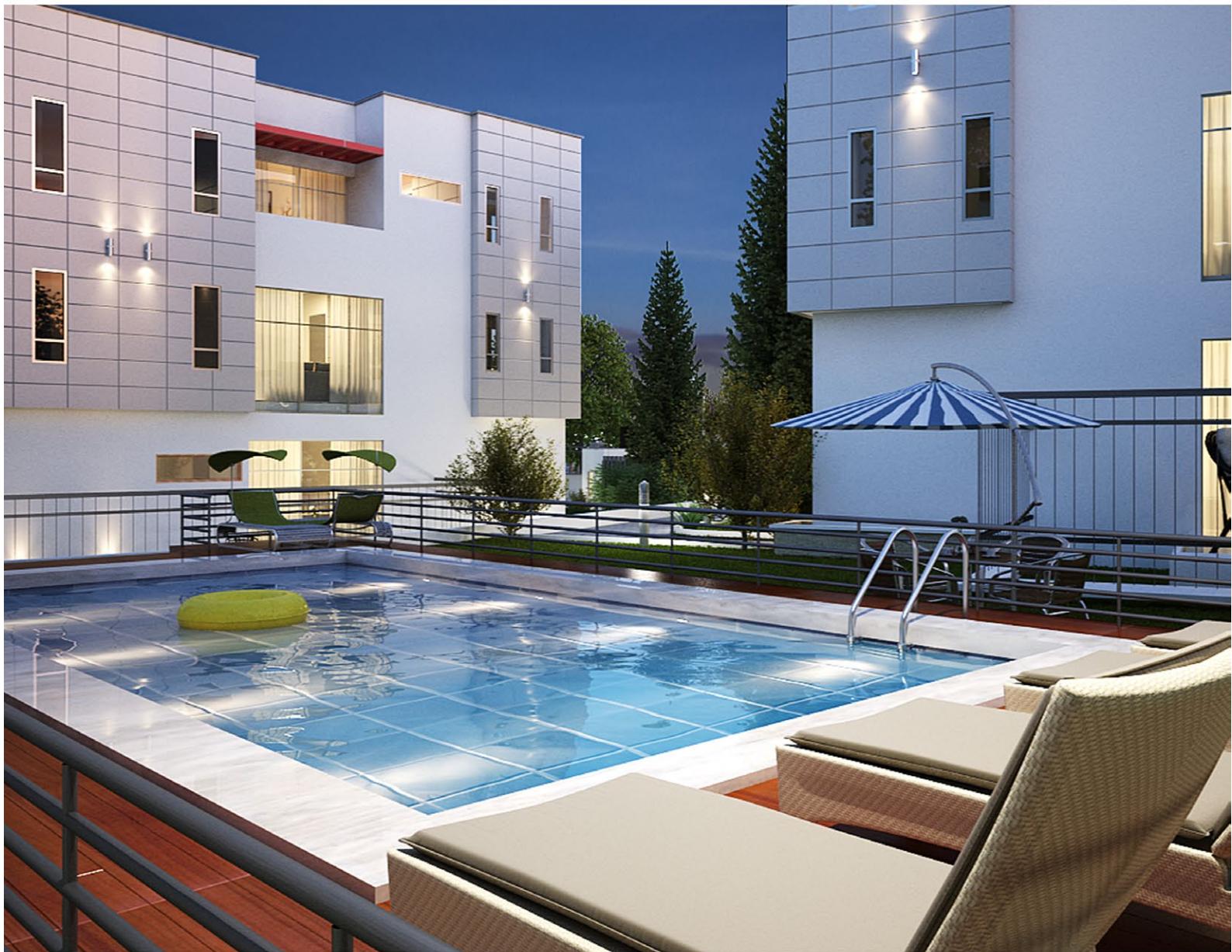
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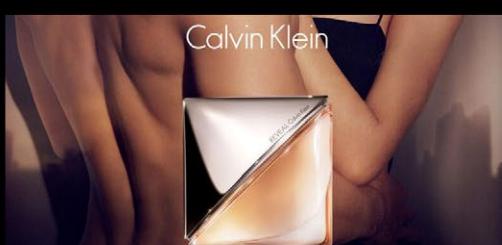


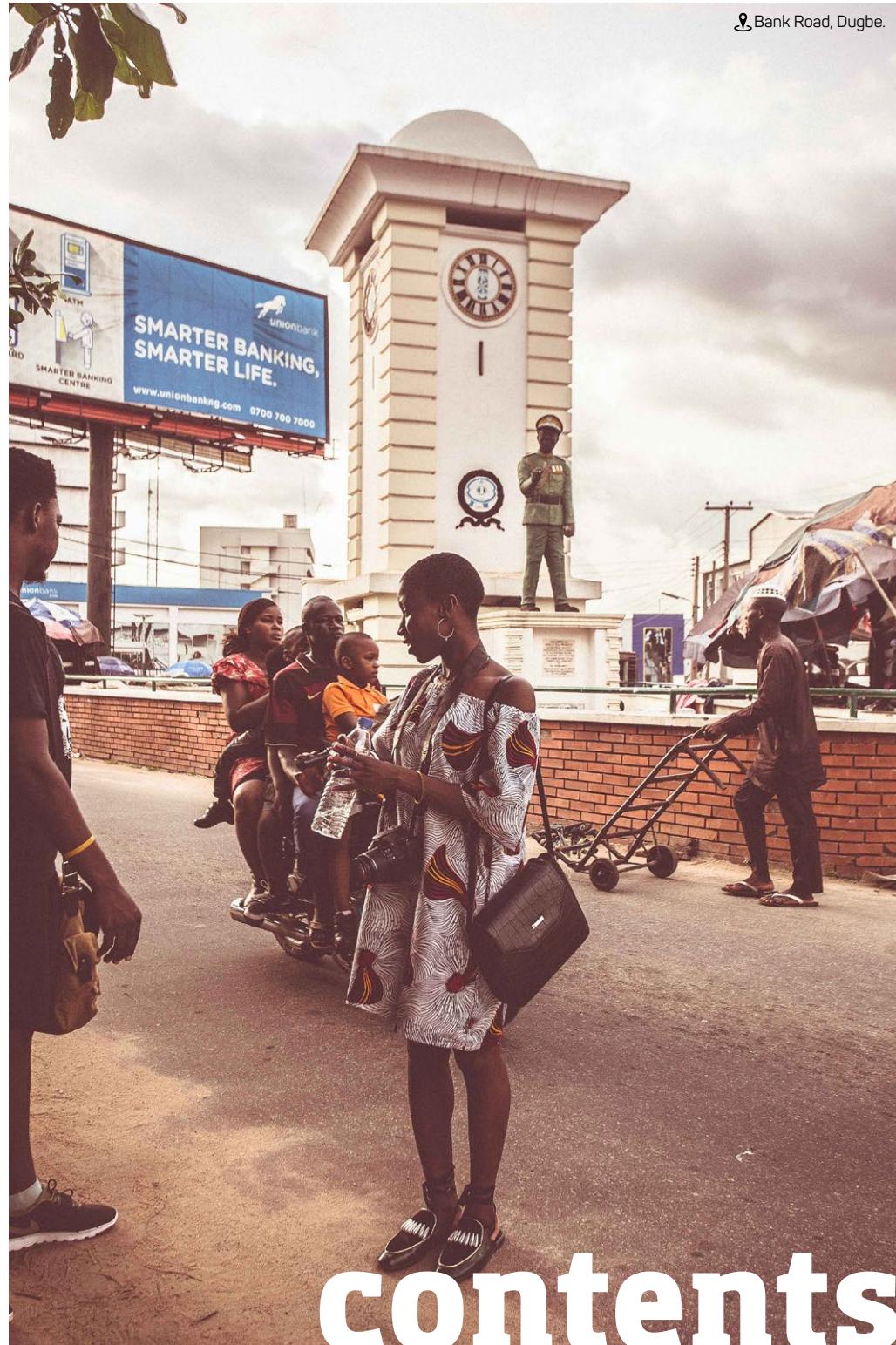
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Culture & Heritage

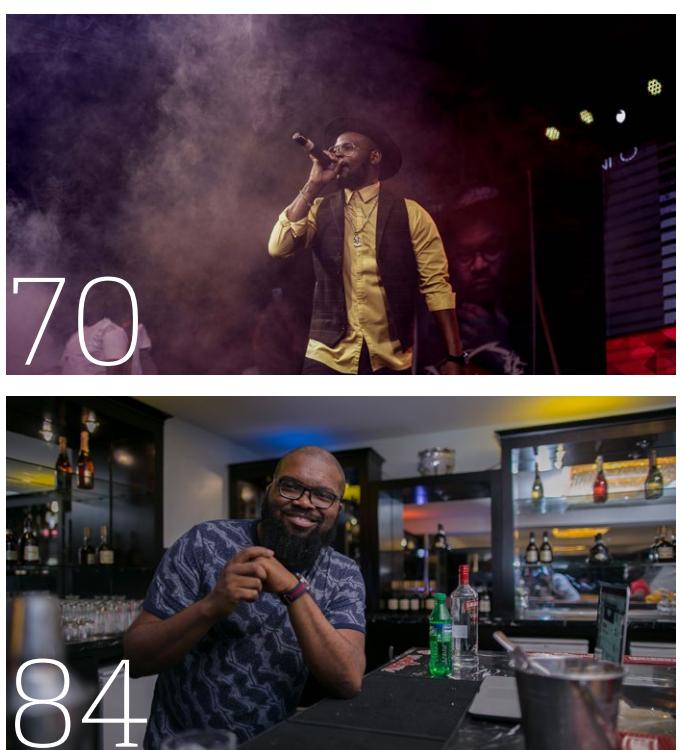
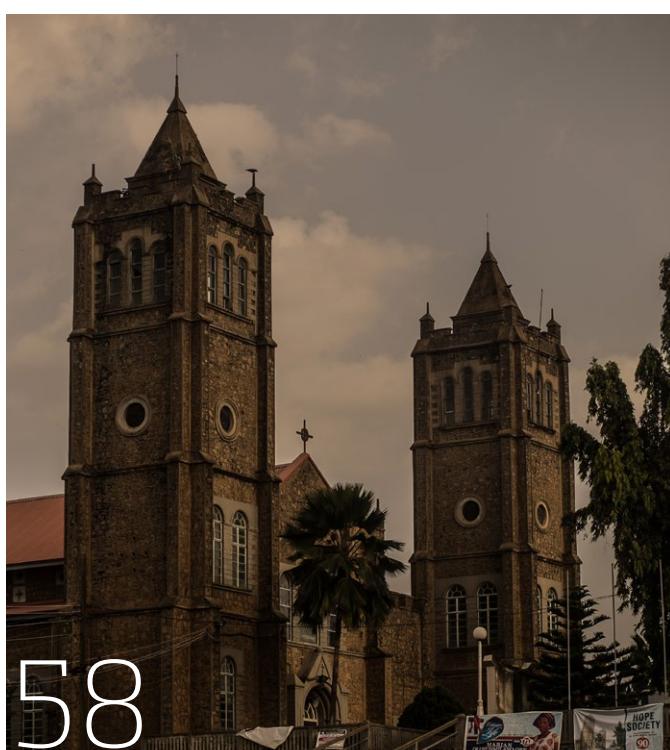
Go back in time and experience our rich historical treasures. Besides being a city of many Firsts, Ibadan has a long, fascinating history and a vibrant heritage that offers visitors an intriguing glimpse into the Nigerian culture.

Nightlife

Once that infamous Ibadan sunshine starts to dim for the night, you will find plenty of ways to keep that heat cranked up. Although it has a reputation for its numerous bush bars and affordable pubs, this is a small portion of what the city has to offer.



Cover photography: Kunmi Owopetu
Photography assistance: Paul Aniekan Williams
Location: IITA



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For more pictures, facts, places, events, general information and listing go to
www.ibcity.info

WELCOME!

It is with great joy we welcome you yet again to another edition of IBADAN CITY INFO magazine, the official city guide for visitors and residents in Ibadan.

Few editions are planned in advance, but initial ideas for this edition began almost six months ago. Determined to bring you the best Ibadan has to offer, we wanted to make this issue a truly special one.

Exciting new events and major leisure and retail developments mean the city is changing like never before, so you couldn't have picked a better time to visit than now.

As a city, Ibadan is not packed with sights or overly stunning – but what Ibadan is – is historically and culturally more exciting, more vibrant and diverse than any other place in Nigeria. Within our urban landscape, you'll find oases of old-style neighbourhoods and sizeable parks, natural attractions and historical heritages. Add to that, the excellent weather, delicious food, budding leisure

scene, eclectic nightlife and the open hospitality of its people and you have an irresistible mix.

This fifth edition of the magazine will be our first guide for this year and trust us, it is something special. From exclusive events and exciting attractions to a never before seen exclusive on the International Institute of Tropical Agriculture (IITA), we have packed this edition to the hilt with the best Ibadan has to offer.

To cope with technological advancements, we hope to launch our mobile app in the nearest future which will allow our readers access premium information about the city in only a few clicks. In the meantime, you can follow us on our respective social media pages, and be sure to pay us a visit on www.ibcity.info.

Whether you are in Ibadan to stay, eat, drink or relax, we invite you to use this magazine as a guide to discovering all the great things the city has to offer.

We hope you enjoy this issue just as much as we enjoyed putting it together for you.

Once again, we say welcome to 2017 and we wish you a truly great year ahead!

-The Editorial Team.



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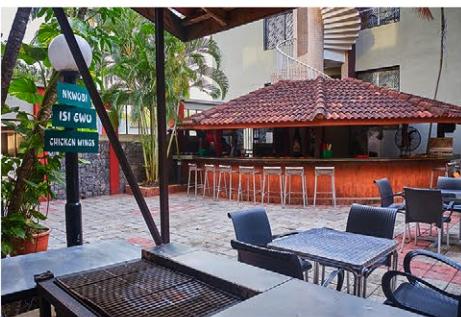


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Culture and Heritage

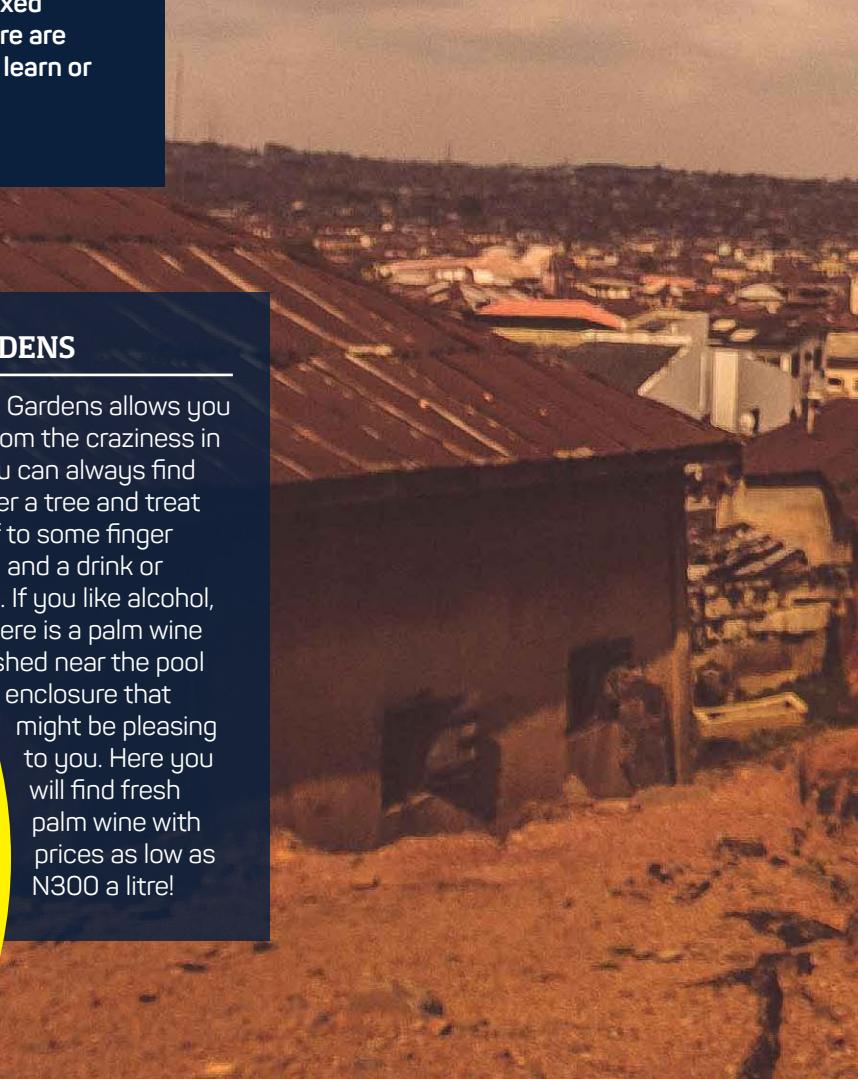
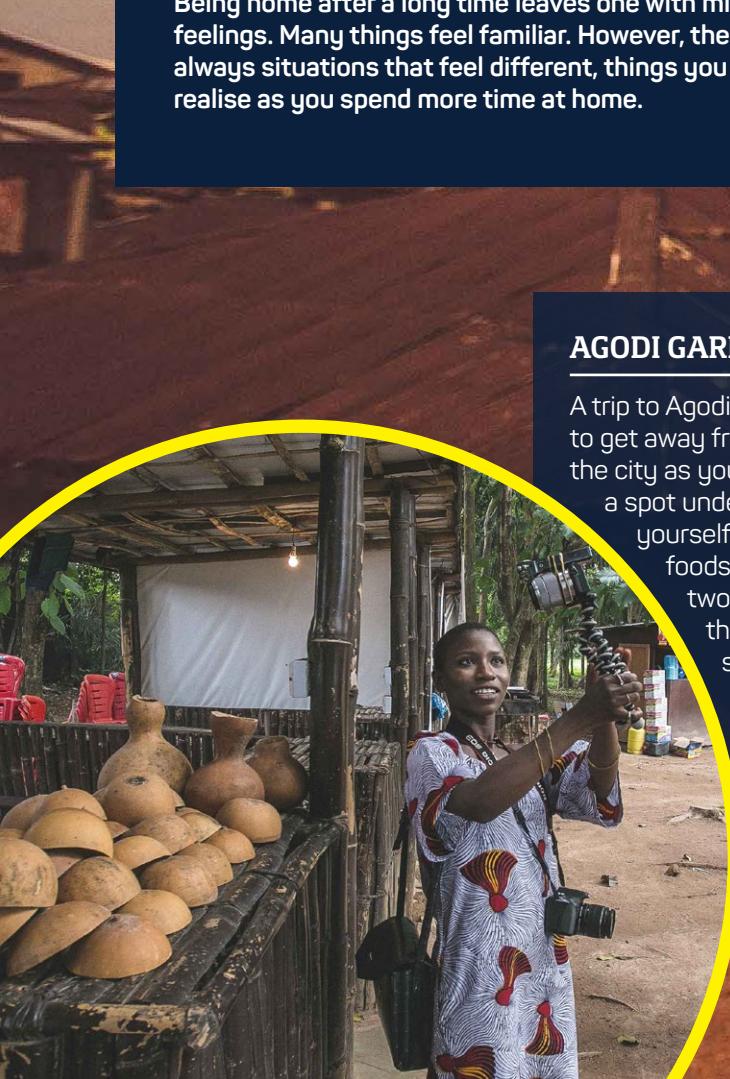
HOME AGAIN

Mariam Abass

Being home after a long time leaves one with mixed feelings. Many things feel familiar. However, there are always situations that feel different, things you learn or realise as you spend more time at home.

AGODI GARDENS

A trip to Agodi Gardens allows you to get away from the craziness in the city as you can always find a spot under a tree and treat yourself to some finger foods and a drink or two. If you like alcohol, there is a palm wine shed near the pool enclosure that might be pleasing to you. Here you will find fresh palm wine with prices as low as N300 a litre!



PREMIER HOTEL

The hotel is one of the oldest hotels in the city. It is located on a hill, and you do get a beautiful view of Ibadan.

Moreover, to get a great view of the "brown roofs," you can head over to Mapo/Beere area of town for a panoramic view of the city.





Aso oke is not used merely to cover the human body; rather it is also used to express wealth, power and prestige as well as the philosophy of the people. As an index of wealth and status, aso-oke is seen as prestigious cloth forms.



www.designindaba.com

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ASO-OKE:

A YORUBA TRADITION DATING BACK CENTURIES

Aso-Oke is a hand-woven textile native to the Yoruba people that holds both cultural value and beauty. Traditionally worn for special occasions such as weddings or naming ceremonies, it is a marker of Yoruba heritage that transcends centuries.

For this year's World Tourism Day, the government decided to tap into the opportunities of the day to promote Aso-Oke; the town of Iseyin, well known for its skilled weavers was chosen as the melting pot of activities and celebrations kicked off in style on the 25th of September.

Ever since its inception, World Tourism Day has been celebrated every 27th of September to foster awareness among the international community

on the importance of tourism and its social, cultural, political and economic value. This year's edition was tagged "Tourism for all – promoting universal accessibility", and focus was turned towards Aso Oke, a special hand-woven traditional Yoruba fabric rich in culture and history.

The word Aso-Oke originates from the word Aso Ilu Oke meaning clothes from the hinterland country. It is worn for important occasions like a coronation, chieftaincy, wedding engagement, festivals, naming ceremony and other important events. The cloth has widespread acceptance and usage and is still held in high esteem among the Ibadan people and the Yorubas in general. As with all things Yoruba, Aso-Oke has deep rooted symbolic meanings. Back in days past, it was found only in the

wardrobe of the sophisticated Yoruba aristocrat. It was seen as a kingly material reserved only for royalty and the exceptionally wealthy. Yorubas for all their faults, appreciate hard work and abhor laziness, and Aso-Oke provides them with the opportunity to express their perception of these values. They see the hard workers as the only ones that can be wealthy enough to afford the clothes. Back then, the commoners wore the kijipa* while the rich wore the costly and stately Aso-Oke, which was meant to articulate their status.

The symbolism does not end there. Aso-Oke is also used for the purpose of identity, a need that gave rise to the phenomenon of Aso-Ebi, which the Yorubas use to distinguish themselves at owambe**.

Also, the size of the fashion style you choose to sew your Aso-Oke is seen as indicative of your social status. Chieftains are usually seen wearing the agbada nla (big agbada) while commoners opted for the esiki***. These days esikis have become a contemporarily acclaimed fashion style, but back then, it was meant for commoners only.

Aso-Oke also forms part of the

ensemble of the egungun**** which has a long train that sweeps the earth as the masquerade performs. The resplendent flowing cloth eventually gets dirty at the end of a day's performance leading to the saying:

Oku o moye won n rago - The Masquerade does not know the cost of the robes.

Sanyan, etu and alaari are some of the varieties of Aso-Oke. Sanyan is

beige in colour and is usually used for funeral ceremonies; etu, an indigo dyed fabric which derived its name from guinea fowl, is the preferred Yoruba cloth for chieftaincy functions, while alaari, a crimson cloth, is ideal for weddings.

In recent times, the fabric is making a strong showing on Nigerian runways and capturing the attention of the millennial generation. Machine-spun cotton and industrial threads have changed the indigenous textile visual art of the Aso-Oke. Now the material is lighter in weight, less thick and with more embellishment, compared with the conservative hues of the past. Choosing to shine the light on Aso Oke and fashion this year at World Tourism Day is a conscious effort that will showcase the quality and the uniqueness of this weaved materials and how it adds value to our culture down here. Choosing Iseyin is also a significant decision given that the town is one of the primary



destinations for dealers of the fabric. So immersed is the town in this art that Iseyin men are the prolific weavers who shunned farming to produce cloth and manufacture more than a million yards of cloth a year. The three-day event featured a road show around Iseyin town, weaving competitions, musical concerts, cultural displays, fashion parade, colloquium and exhibition amongst others.

* - *Kijipa was the quintessential workman's garment*

** - *a flamboyant ceremony thrown by Nigerians which is usually characterised by a show of luxury, lavish spending, extravaganza, lots of food, music, dance and networking.*

*** - *Also called Dansiki is a short garment with slits on the sides worn by Yoruba men.*

**** - *Egungun is what Yoruba masquerades are called.*

The best place to buy Aso Oke is directly from Iseyin. In Ibadan, both Gbagi and Oje markets are excellent shopping hubs for quality materials. When buying Aso Oke cloth, make sure that it's the type that is handwoven from individual threads.



5 Interesting Facts about Oke'Badan Festival

Ibadan is a Yoruba city with a large amount of cultural and traditional festivals spread across its calendar year but the Oke'badan festival which dates back to hundred of years ago is perhaps the most colourful and most significant of all our festivals.

There are various accounts as to how Oke'badan festival originated, but many historians agrees that it was Lagelu, the founder of Ibadan, who established the festival. Legend has it that back in the 1800s, during the Yoruba civil war, Lagelu relocated his people to Eleyele Hill as a security measure. Today, the festival stands to commemorate the

hill and remind the people of Ibadan of what life was for their forefathers on the hill during in that period. If you ever happen to be around when the festival comes to town, here are five interesting facts about Ibadan's oldest festival.

1. Loads of Ekuru. Ekuru is a local delicacy made from beans and eaten with fried stew. On the eve of the festival, as a way of making people aware of the festival, Ekuru is made in abundance and shared among neighbors and friends.

2. The Aboke, the Chief Priest dresses like a woman during the entire course of the festival not only to distinguish himself from others but more importantly to depict the presumed feminine nature of the spirit of the hill as the festival is believed to increase fertility and will pave the way for bumper harvest.

3. It is always celebrated on a Thursday, in the month of March.

Thursday is chosen as it is widely regarded as the day the Yoruba's worship their deities.

4. The festival is commonly celebrated for 15 days and on the final day of the celebration, Ibadan indigenes are expected to only eat cold food in the morning in remembrance of the time when Lagelu and their ancestors fed on dry fruits, and ate cold pap from snail shells.

5. During the festival, the indigenes are given the freedom to say anything to anyone including the Olubadan (Traditional Ruler of Ibadan). Funny songs with lewd lyrics about the history of Ibadan are commonly sung.

CULTURAL CUSTOMS AND ETIQUETTE

The Yoruba culture is one that is firmly embedded in community life and customs spanning several generations. As a visitor to Ibadan (or any of the southwestern states of Nigeria), one should be aware of the acceptable mannerisms to communicate effectively.

COMMUNICATION STYLE

Ibadan people are a very respectful group of individuals and greetings are an important part of our customs. In fact, it is said that the Yorubas have an appropriate salutation for every occasion, for instance:

Eku aaro (good morning)
 Eku ale (good evening);
 Eku ise (for someone doing chores);
 Eku abo (for returning from a trip or an outing);
 Eku ile (greeting someone who is home);
 Eku atijo (long time, no see);
 Eku ijoko (for sitting down);
 Eku iduro (for standing or waiting);
 Eku iroju (for expressing sympathy);

It could be said that half the communication a typical Yoruba person makes during his or her lifetime is non-verbal. Ibadan people are in no way exempt from this and in fact, it has over the years become one of their favourite tools of parenting. For instance, if visitors are around and a child was being mischievous and acting like a brat, a frown or cross-eyes from the mother would convey a message that his presence was annoying and he had to make himself scarce.

Silence is commonly used as a means of communication for when someone is uncomfortable with a question or does not think the issue warrants a reply.

When greeting seniors, you prostrate if you are a man and kneel

down if you are a woman.

Another famous part of the Yoruba people's communication structure are proverbs, known as "owé" in Yoruba. Proverbs are inherently wise sayings used to teach historical lessons, highlight good morals, and instil social values. It is considered rude for younger people to use proverbs in the presence of an older person without giving prior notice to the senior first.

DINING ETIQUETTE

In some parts of the world, eating a meal with your fingers is considered vulgar but for Yoruba meals our favourite dishes must be eaten with the fingers because they just do not taste right eaten with cutlery. Why eat a meal with inflexible metal prongs when you could use incredibly flexible and sensitive natural prongs that add flavour, at no extra charge, to the food? At home, food is served according to age with youngest children given last. You are expected to wash your hands before eating and always wait for the eldest person in the room to start eating first.

BUSINESS ETIQUETTE

When holding meetings, it is considered rude to rush straight into the business aspect. Time should be taken to ask for the person's health, family and job. Eye contact is to be maintained while greeting and one is expected to keep a reserved but polite demeanour during the meeting.

BASIC TRANSLATION IN MOCK-UP SITUATIONS FOR VISITORS

The official language of communication in the city is Yoruba and English (maybe a little pidgin English here and there as well.) Most people in the urban areas of time understand and can speak basic English so, if your English is okay, it is not really mandatory to learn any of these phrases. However, locals always appreciate when they are spoken to in their dialect:

When you meet someone between the hours 5am – 11:59am, you say; "E kaaro or kaaro" which translates into "Good morning". You can then proceed further to say: "se o sun dada" which is hope you had a wonderful night rest?

When you meet someone between the hours of 12pm- 5pm, you say " e kaasan or kaasan" which loosely translates as good afternoon.

Between the hours of 5pm to around 7:30 pm, it is best to say "Eku Irole" meaning good evening while you greet someone "e kaale" (good night) from 7:30 pm till around 11:59 pm.

When you see someone hard at work, you either greet the person by saying "eku ise/kusee" which means well done at work.

When trying to say sorry or apologize the best phrase to use is "e pele or ma binu"

When shopping at the local market, "E kaasan o, se oja n ta" (Good afternoon, are your goods selling well). The seller may then reply and say "Oo, Adupe fun olorun, Kini e fe ra?" (Glory be to God, what do you want to buy?)

When seeking direction to a particular place from someone, for example, if you are trying to go to Mapo, "E joo oo se e le fi ona Mapo han mi" (Please could you show me the way to Mapo?).

If you want to tell someone that you can't speak Yorùbá well you say, "N ko le so Yorùbá daadaa or n kò le gboo èdè Yorùbá daadaa"



Yoruba people use "e" while greeting to signify seniority or number. When you are greeting someone older than you in age or a group of people, the "e" prefix is required before the actual greeting.

AYÓ ỌLỌPÓN

THE EXCITING GAME OF COUNT & CAPTURE

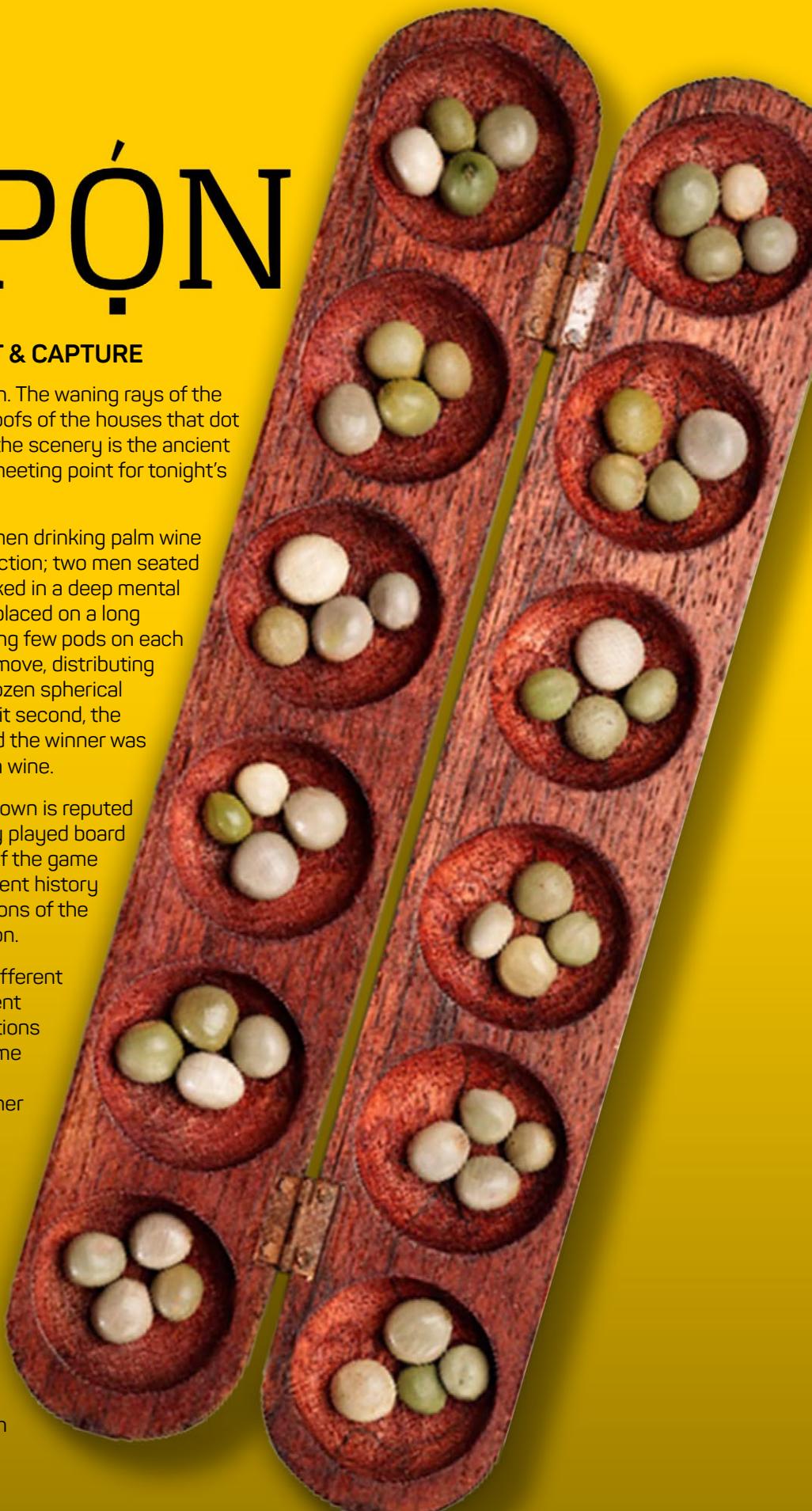
It is almost sunset in the old, rusty town. The waning rays of the sun cast a golden tinge on the brown roofs of the houses that dot the landscape. Smack in the middle of the scenery is the ancient Iroko tree whose shade serves as the meeting point for tonight's round of entertainment.

On one side of the tree, a group of old men drinking palm wine form a loose ring around the main attraction; two men seated across each other on an old bench, locked in a deep mental battle. The focus of both men is firmly placed on a long narrow piece of carved hardwood bearing few pods on each side. The older of the two men made a move, distributing what looks like pebbles across half a dozen spherical holes carved into the board and in a split second, the game was over. The crowd cheered, and the winner was congratulated with a cup of frothy palm wine.

Ayo Olopon or Ayo as it is otherwise known is reputed to be one of the oldest and most widely played board games among the Yorubas. The origin of the game is one of the most disputed facts in recent history as the game is enjoyed in different regions of the world, each claiming rights to its creation.

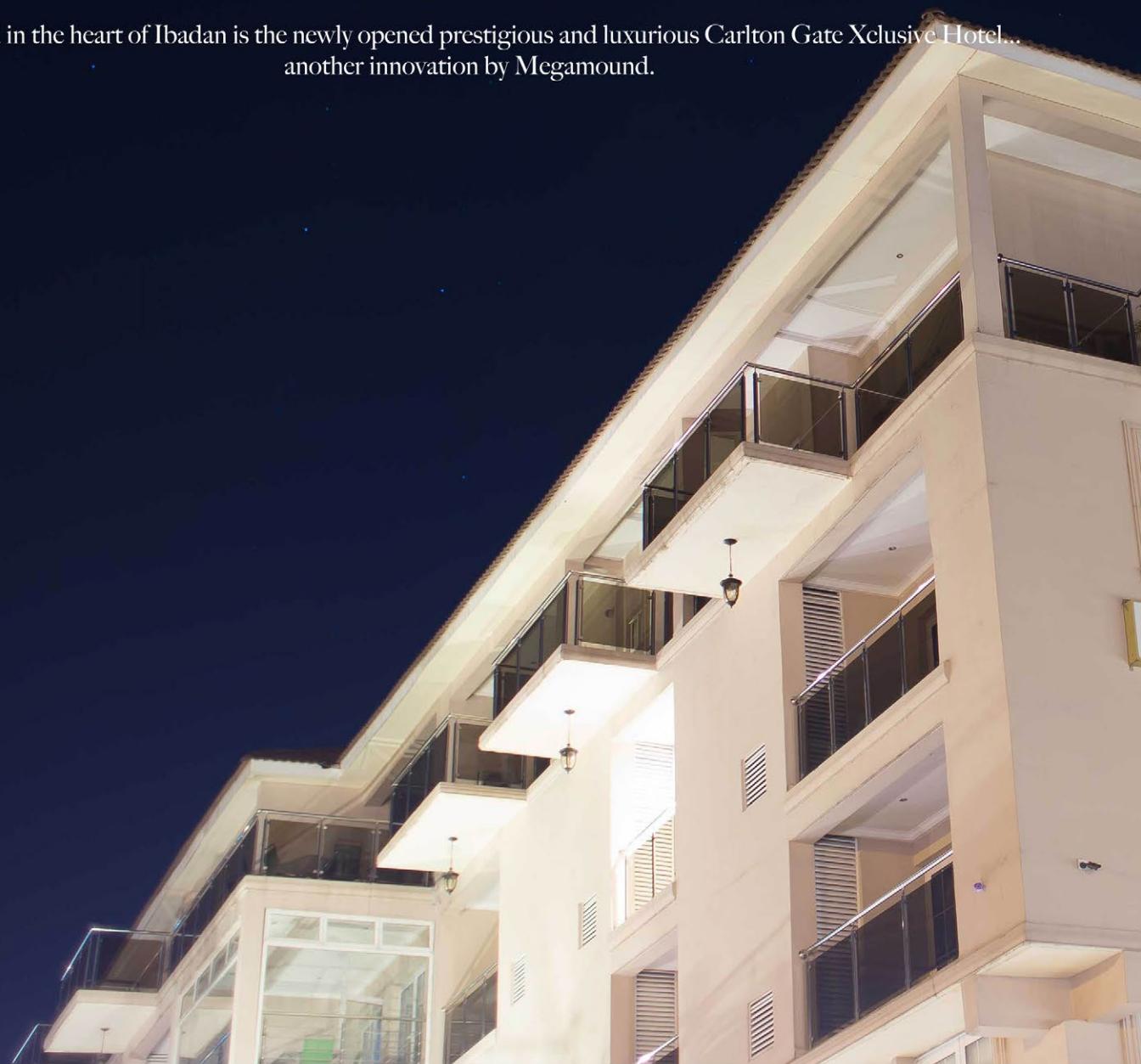
Ayo is known under various guises in different places around the world. Some prominent examples of its names in different locations are Owari, Warri, Endodoi & Kalah to name just a few. It is believed to belong to a larger family of mancala games, and other variations of the game exist all over the world. Although, there are different changes to the rules of the game. The numbers game is widely enjoyed and is reputed to be mentally challenging.

These days, the game is not as popular as it once was, but digital versions have granted a new lease of life that opened it to a whole new generation of players. Questions, however, linger if technology can replace culture and if it can retain the emotions and passion that this beautiful game evokes?



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Gastro hubs in the city offer an array of dining options for virtually every palate. From Italian to Indian, Chinese to local offerings, visitors are sure to enjoy our fabulous cuisines.

Dining Out

THE DEFINITIVE GUIDE TO EATING IN IBADAN



1. HOT NEW TABLES

By Josie Amiegbe

LITTLE PARIS IN IBADAN

Paris Bakery is a French themed confectionery shop. They sell a wide variety of cakes and sweets. As you walk into the shop, your nose is immediately filled with the aroma of freshly baked confectionery while your mouth would be watering to try the different pastries. There are vast options from sweets, delicious smoothies, ice cream, milkshake, doughnuts, cakes and affordable cookies all freshly baked.

Paris Bakery is perfect for those with a sweet tooth, looking for the perfect place to quench those cravings.

OLIVER'S CAFE

Oliver's is the hot new place to have a date, grab a coffee or have a few drinks after a long day at the office. It is clean & modern, with fast customer service and depending what time of the day you choose to come; the café provides privacy for when you want to escape the outdoors.

You can sit out front, under the shade with your friends if you want some fresh air, have a sandwich at the cafe, or head over to the left and enjoy the subtle yet classy ambience at the restaurant with that special someone,

away from prying eyes.

Everything on the menu is affordable & delicious (quite filling too!) the cheese hamburger is huge, and the fries on the side are known to be super crispy.



Although many of these places use POS terminals, it is always advisable to check before ordering.



While Ibadan sometimes may seem like it has nothing to offer beyond brown roofs, there are plenty of other reasons to visit the city. From indigenous restaurants to fancy restaurants, the city is bursting with good places to eat.

2. LOCAL PICK

SKYE LOLO

Skye Lolo may have become its alias, describing its proximity to the Skye Bank located opposite Bodija market but 'Ose Olorun Food Canteen' is what the sign says right before you step into this popular restaurant. For residents, newcomers, tourists and even celebrities looking for where to get the best Abula in the city, Skye Lolo is arguably the best choice.

The reputation of this place precedes it with some going as far as calling it treasonous to stay in the city and not have tried the Amala served in this restaurant.

The food is always hot, the aroma in the air thick with flavour, the service is very swift to reduce time spent waiting to place an order. The canteen opens till 8 p.m. which makes it one of the last indigenous restaurants to close its doors.

Although famous for its Abula, there are other kinds of food you can order for like eba, fufu, pounded yam, and white rice with fried stew. There is an option for takeout, but most people prefer to eat there. Parking space may be a little tricky, but many would not consider it an inconvenience.



3. OLD BUT GOLD

LATITUDE CAFÉ AND LOUNGE

Located at Ventura Mall, Samonda, Latitude Café and Lounge will be celebrating their second year of establishment on January 15th, 2017 and they will have all cause to, considering that they remain one of the hottest spots in Ibadan. One could call them a bar and still not be far from the truth, but if you need a place to hangout with your friends on a weeknight or weekend, Latitude would be an excellent choice.

For a place bustling with so much activity, one would wonder if they have time to offer a delightful cuisine. They are known for serving a variety of meals ranging from breakfast meals to intercontinental dishes, but you can be sure that whenever a plate of food is being brought out from their kitchen, a customer is about to get satisfied. Their fried rice is arguably the best in the city, and one can order for more as many times as you want for a token. However, do not limit your taste buds endeavour to explore their seafood dishes, Sweet and Sour Prawn or their

filling Club sandwich.

Their cocktail menu leaves you spoilt for choice as they have over twenty different cocktails to offer including beer cocktails and champagne cocktails. Smoking is not allowed inside the restaurant, but they have a patio that accommodates that.

Whenever you are in Latitude, please try the Latitude Combo Meal which has shrimps, gizzard, spicy wings, meatballs, prawn, beef kebab, chilli sauce, shredded beef and mixed fruit. Quite a mouthful right? We thought so too.



KABACHI CHINESE AND FUSION BISTRO

Kabachi is the first of its kind Chinese restaurant in the city of Ibadan. They opened for business March 1st, 2015 and had stayed open from 9 am to 10 pm every day since then. Also located at Ventura Mall, Samonda, Kabachi is a restaurant that not just serves food but one that serves people as they are very expressive in appreciating their customers.

Everyone who has been to Kabachi will tell you about the "hot towel" experience. The ambience is classy with jazz music, rhythm and blues or old school playing in the background. The place is tastily furnished with bronze interior décor and beautiful

furniture.

Their menu will have you salivating already with the delicious options they present. For their dishes, they offer the meals like beef and broccoli, Kung Pao Chicken, Braised fish in soy sauce as their entrée.

Kabachi's greatest pride is the Teppanyaki which is the Kabachi grill right there in the middle of the restaurant and customers get to watch their meals cooked by a seasoned chef. On the list of Teppanyaki meals, you can find Hibachi fish, chicken, shrimp, steak, vegetables and salmon. We recommend the Kabachi fried rice with chunks of beef, chicken and prawns and a nice cold glass of Chapman.



MAUVE LOUNGE

Mauve Lounge is one of the most exclusive places in Ibadan. Located at Ring Road, Ibadan, they opened July 2015 and since then they have been setting the pace for the nightlife of Ibadan.

They serve a variety of local and intercontinental dishes but specialise more in local dishes. They also cater for events and parties. If you are thinking of a nice place for an anniversary dinner for two or a party for a hundred people, Mauve Lounge has the facilities and expertise to cater to you.

We recommend the Mauve Specials. Mauve has four unique dishes, namely:

Oke-Ibadan which is palm oil stew with different types of meat that comes in large chunks, Ikolaba which is rice mixed with prawns, shrimp, beef, chicken, green and red pepper and cabbage served with fried plantain.

Eran Dimeji, which is fillet beefsteak in rum black pepper sauce, served with French fries or yam chips and then there's the all-time favourite, Alaja. Alaja deserves its place in Mauve Lounge's hall of fame and words do not do justice to this meal. It is a large croaker fish, marinated in sweet and spicy vegetable sauce served with Fried yam, plantain and French fries. If you want to experience good music, great vibes, awesome food, Mauve Lounge is the place to dine.



CHAMPS HOUSE

Locally owned and operated, Champs is located on the second floor of Cocoa Heritage Mall. Fresh cuisines are always served at this customer friendly, restaurant. Their menu here is impressive, and it includes dishes like spaghetti bolognese, shredded beef with green pepper and the diced chicken in oyster sauce being some of our personal favourites. Despite the best efforts of other places like Dominoes, Mozaya, and Wimpy's, Champs remains one of the best pizza places in the entire city. The pizza is always freshly prepared, and their super tasty crust pips the competition to the title. Opens from 9 am every day of the week.





MARTHA'S KITCHEN

The upmarket and highly regarded restaurant attracts a steady flow of business people and classy young lovers with its authentic cuisine and impeccable service. The main appeal here is the hearty home cooking that remains true to Nigerian cuisine, but they also offer a wide array of intercontinental dishes as well. The décor here is simple but tastefully done, and the atmosphere here is very relaxed and comfortable.

4. HIDDEN GEM

ZEN RESTAURANT

In keeping with Ibadan's affinity for hiding away great eateries, Zen Restaurant is tucked into an inauspicious building along Magazine Road at Jericho. An Indian family owns the restaurant, and they offer a selection of Afro-Sino and Continental dishes, but it is more famous for its traditional Indian cuisine.



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IIBADANI

C I T Y I N F O



Shopping in Ibadan is much more than retail therapy – it is a remarkable cultural and entertaining experience with a surprise at every turn. With three standard malls, tens of shopping neighbourhoods and hundreds of stores, Ibadan is the A to Z of retail.

Shopping



THE BATTLE OF THE MALLS

Babafemi Busari

One of the most important aspects of life and lifestyle today in the city of Ibadan are the malls. The first of these malls is the Cocoa & Heritage twin malls at Dugbe which opened in 2013 to a full reception which broke social media.

In two years, the number of shopping malls had increased from one to three and thanks to Ventura and the Palms Shopping Mall with the latter housing what is the biggest Shoprite store in Sub-Saharan Africa. Coming soon is Jericho Mall which is nearing its completion.

Competition among the different malls has been vital to the success that these malls are currently enjoying. All three malls have their high points and appeal to customers differently, but we finally decided to weigh in on the debate.



ARCHITECTURE

Even though they offer the same basic services, the three malls vary in style and size. Regarding beauty, the Palms shopping mall without question edged this one out. Despite being a large structure, the building was constructed very well, impeccably finished and we love the attention that was paid to details like the wall rising elevator. Of the remaining two, Ventura Mall offers the stiffest competition with its well-planned layout, interlocked roadway and beautiful atrium. Its well-planned architecture gives visitors an entirely different experience on each ground level and navigation within this famous red building is by the aid of elevators and stairs. Cocoa and Heritage mall architecture is one that is particularly intriguing.

The two-in-one mall was constructed in such a seamless way that one minute you are riding down the escalator near FilmHouse Cinema (inside Heritage Mall) next you are arriving at the ground floor of Cocoa Mall. One of the best features of the building is the spectacularly engineered

windows that supply parts of the mall with natural light during the day.

WINNER: PALMS SHOPPING MALL

PARKING & SECURITY

Parking space is one of the things that attracts customers to businesses in the city. Cocoa Mall has a huge car park and collects a toll. Heritage Mall remains the only mall with underground parking option. The sheer size of The Palms parking area which is also free makes it the clear winner once again.

Unlike its counterparts, the size of Ventura Mall parking space is not big, but what it lacks in parking; it more than makes up for in security.

WINNER: PALMS SHOPPING MALL.



Palms Shopping Mall



Ventura Mall

VENDORS

Most people prefer to do their shopping in one central location, and invariably, the place with the highest number of various vendors automatically attracts the most customers, which is why Heritage & Cocoa twin malls are the clear winners. There is not much shopping to be done at Ventura Mall and although the Palms is home to different brands, it is not nearly as diverse as the Cocoa/Heritage Mall.

WINNER: COCOA & HERITAGE MALLS

ENTERTAINMENT

Ask any Ibadan indigene for a definitive list of places to have fun and chances are Ventura Mall will top that list. The truth all shopping malls are striving hard entertain their customers. Each Mall has a Cinema, Viva Cinemas at The Palms and the Filmhouse at Ventura and Cocoa Mall, they all have bars, lounges and restaurants but Ventura is the only mall with a fully functional arcade in the city. The cherry on top of this is the state of the art bowling alley complete with membership features. Downstairs is a

7D cinema for all ages and a toys and games section for kids. Even though The Palms Shopping Mall recently erected a small amusement park for children, Ventura Mall wins this one comfortably.

WINNER: THE VENTURA MALL



10+ OF OUR FAVOURITE THINGS IN 2017



If there's one thing we understand, it's that people are tough to shop for which is why we're hoping to take that pressure off you by sharing with you our favorite gift ideas for any and all the important upcoming events in your life for the year. Whether it's for the woman in your life, the man, the children...or even the mistress, we've got you covered with the hottest gifts ideas for the year

(more will be added over the course of the year so be sure to visit www.ibcity.info for more gift ideas)



Scented Candles from Dusk to Dawn

Inject a little bit of uniqueness and creativity into your gift list. There is no better item to have in homes than scented candles especially given the erratic situation of light in the country. D2D candles create the perfect ambiance and produce the most beautiful fragrance, filling your home with sweet allure.



LEGO Star Wars Millennium Falcon

LEGO sets are forever a perennial favorite. This particular set has lots of figures, accessories, and a large set to explore. If you are looking to spoil the children silly on their birthday while whetting their creative appetite at the same time, then a visit to the Lego store at the Palm's is just what we recommend.



Pandora Valentine's Day Collection.

Surprise that special someone on February 14th with something lovely from the guys at Pandora (Palm's Shopping Mall). Pandora offers the best hand crafted jewels for females of all ages.

Personalised Mugs

When you pass out gifts this year, make sure they are the kind that will get cherished for years to come like these personalised mugs from Toast Creative Studios.



Desserts from Exquisito Cakes And Confectionaries

If it were possible to get a PhD in cake, Exquisito Confectionery will be the University of Frosting! They use only the finest ingredients and generations of baking and icing skills to ensure that each one of their cakes is unique. Their line of doughnuts, Delish Donuts, is delicious and we think they'll make awesome gift option for your foodie friends.



Custom made Cards

Giving the vibe that you have the person's taste in mind or your brand remembers their need adds a little spice to the season. Blake Art specialises in making print imaginations come to life. Give them a call. Tell them we sent you.

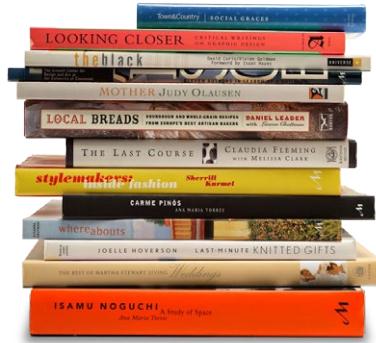
Creed Aventus 250ml perfume.

As traditional as it may seem, perfume gift sets make the perfect present for lovers. Creed Aventus is a fresh, spirited and confident fragrance that combines pineapple, blackcurrant, apple and bergamot with oakmoss, patchouli and a light dusting of vanilla. If you want this bad boy, the Perfume Shop along Jericho is our best recommendation. Friendly prices. Friendly people.



Playstation 4 with FIFA 17/COD

Make yourself firmly in the running for 'Best Dad of the Year' by getting the kids a limited edition 500GB PlayStation 4 console complete with either of FIFA 17 or Call of Duty Infinite Warfare.



Books

For the nerd in your life, find the best and most interesting books, from fiction to biographies to motivational books. Whatever their taste(s) may be, Booksellers Bookshop has a book for you.



iPhone 7/Google Pixel XL

Talk about getting a phone that speaks volume; the iPhone 7 comes highly recommended. It has a 3D touch display, an awesome feel and insane dual-cameras that just makes us want to head over to PLAY right now and buy out their entire stock. However, if you are into android phones, then the Google Pixel XL is just the perfect phone to gift that special someone. You can thank us later.



Friendship Cuff from OYL Signature

A wonderful gift items for best friends, OYL's signature cuff makes use of a fine piece of minimalistic design serving as a complete blend of high-street fashion accessory making this a wonderful gift meant to be shared with friends, lovers, and family.



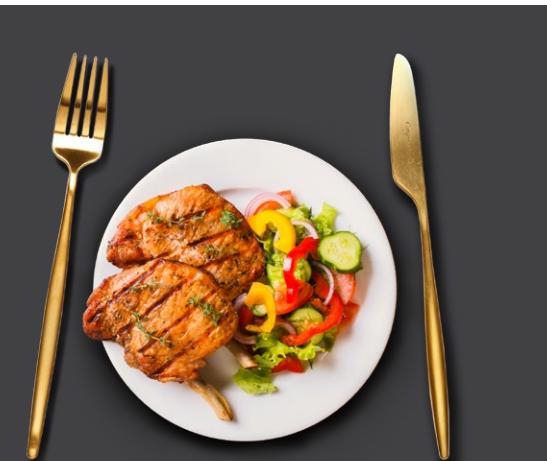
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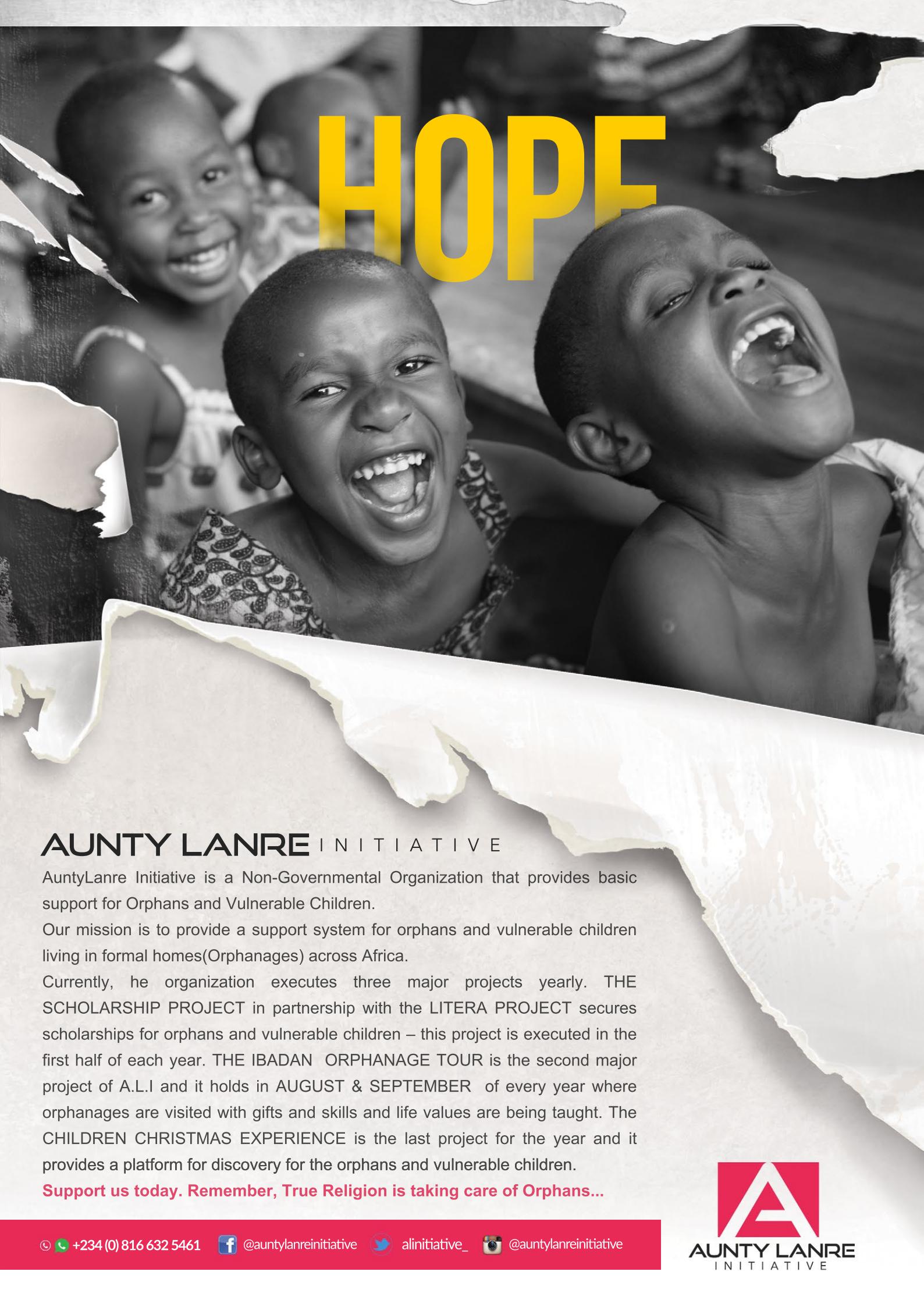
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- Shop C8, Cocoa Mall(Right Above Shoprite), Cocoa House, Dugbe Ibadan. 08089271044, 08052105945 (opens on sundays 12:30-7:00pm)



HOPE

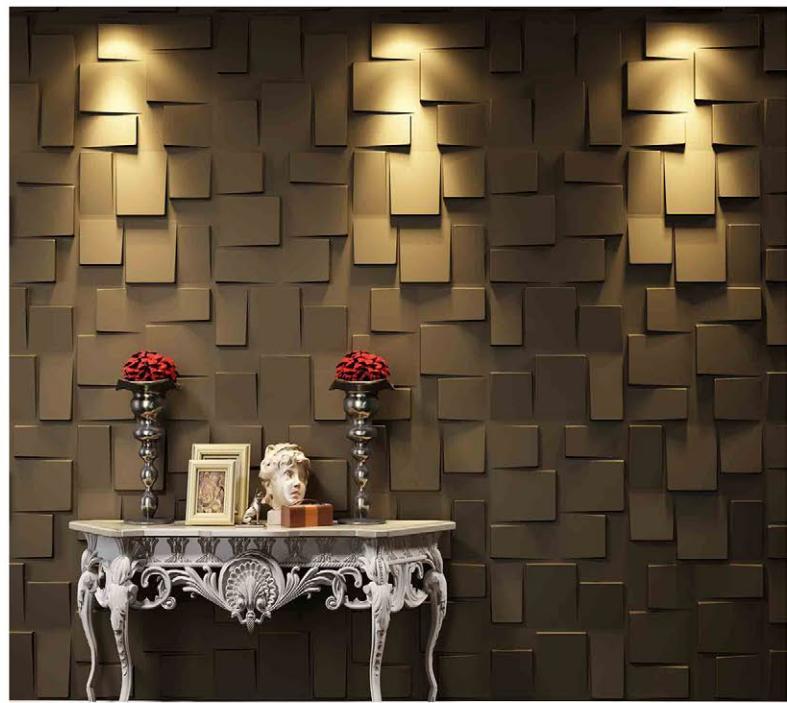
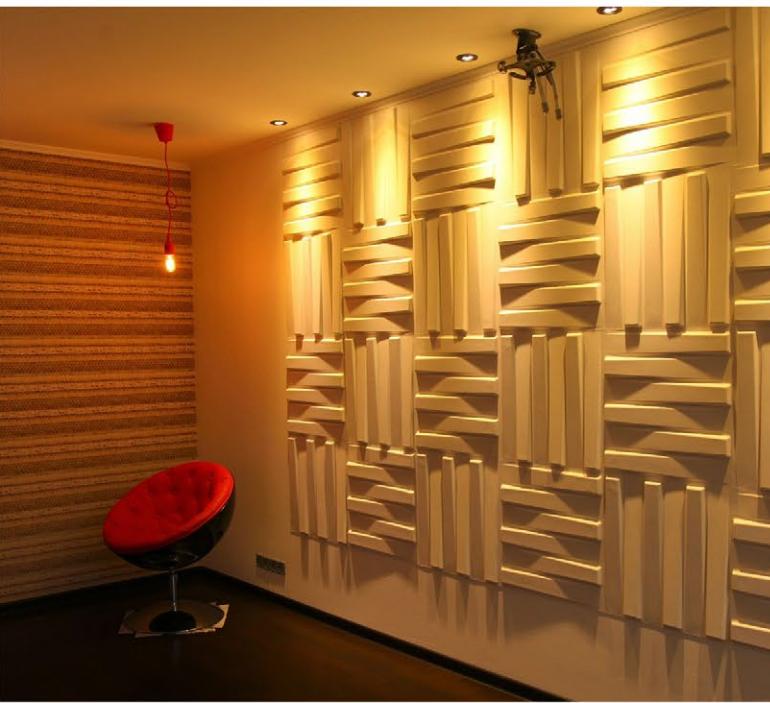
AUNTY LANRE INITIATIVE

Aunty Lanre Initiative is a Non-Governmental Organization that provides basic support for Orphans and Vulnerable Children.

Our mission is to provide a support system for orphans and vulnerable children living in formal homes(Orphanages) across Africa.

Currently, the organization executes three major projects yearly. THE SCHOLARSHIP PROJECT in partnership with the LITERA PROJECT secures scholarships for orphans and vulnerable children – this project is executed in the first half of each year. THE IBADAN ORPHANAGE TOUR is the second major project of A.L.I and it holds in AUGUST & SEPTEMBER of every year where orphanages are visited with gifts and skills and life values are being taught. The CHILDREN CHRISTMAS EXPERIENCE is the last project for the year and it provides a platform for discovery for the orphans and vulnerable children.

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Ibadan, Oyo State. Nigeria.

IBADAN

CITY INFO

📍 St. Peter's Cathedral, Aremo.



Explore

A sense of old-fashioned gentility juxtaposed with a cool, quirky, contemporary scene, extends into the city. The result is a cultural, modernist-inspired time warp that offers a wealth of attractions and activities.

MOVIES TO SEE THIS SEASON.

FATE OF THE FURIOUS

Director: Felix Gary Gray
 Cast: Vin Diesel, Dwayne Johnson, Jason Statham, Michelle Rodriguez, Ludacris
 Genre: Crime/Thriller



Now that Dom and Letty are on their honeymoon, Brian and Mia have retired from the game, and the rest of the crew has been exonerated, the globetrotting team has found a semblance of a normal life. But when a mysterious woman seduces Dom back into a world of crime that he can't seem to escape, the crew will face trials that will test them as never before.

THE LEGO BATMAN MOVIE

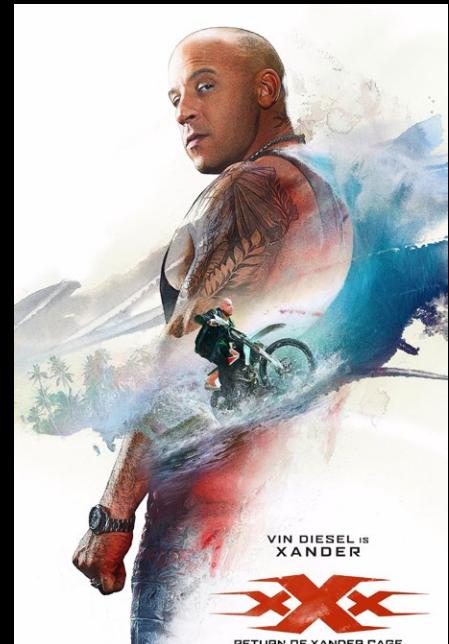
Director: Chris McKay
 Cast: Will Arnett, Zach Galifianakis, Rosario Dawson, Michael Cera, Ralph Fiennes
 Genre: Fantasy/Action



There are big changes brewing in Gotham, but if Batman wants to save the city from the Joker's hostile takeover, he may have to drop the lone vigilante thing, try to work with others and maybe, just maybe, learn to lighten up.

XXX: RETURN OF XANDER CAGE

Director: D.J Caruso
 Cast: Vin Diesel, Nina Dobrev, Deepika Padukone, Samuel L Jackson, Donnie Yen
 Genre: Action



After coming out of self-imposed exile, daredevil operative Xander Cage (Vin Diesel) must race against time to recover a sinister weapon known as Pandora's Box, a device that controls every military satellite in the world. Recruiting a new group of thrill-seeking cohorts, Xander finds himself entangled in a deadly conspiracy that points to collusion at the highest levels of government.

Seven Things to do in Sabo

Sabo in Ibadan is mostly habited by those from the Northern Hausa tribe due to migration from the North to South over decades. It is popularly called "Sabo" meanwhile the full word is Sabongari. It is a distinct part of Ibadan known for commerce and delicious suya (kebabs). Here you will find some of the unique things you can do at Sabo:

Bureau du change

Sabo is known to have different bureau du change willing to offer you good exchange rates. They are ready to sell various foreign currencies in exchange for Naira or buy foreign currencies from the customers.

Kilishi and Suya

Kilishi is the Nigerian version of beef jerky whereas suya is meat kebab. They both originated from the Northern parts of Nigeria and are usually made from boneless cow, sheep or goat meat. Sabo is well known for having various stalls selling quality suya or kilishi.

Gold

There is a thriving market for selling and buying of used jewellery and precious stones in Sabo, especially gold. Gold is another trade very prominent with those from the Northern regions of Nigeria, and this has been part of their history for centuries.

Tailoring

Bespoke tailoring is also famous in Sabo and local styles like Babariga (Agbada), or Danshiki is some of the

styles that could be easily made by the tailors. They have a wide variety of designs which can be done to the perfect fit for the customer

Phones and Electronics

Another thriving market you will find in the heart of Sabo is that of cheap used phones and electronics of any kind and brand. So those interested in getting or selling used phones, laptops, TVs and electronics for a decent price, then look no further.

Food and Fruits

If you are interested in meals originating from Northern parts of Nigeria, Sabo is where you will find the finest Tuwo (Rice Flour). A section of Sabo is also dedicated to fruits and vegetable vendors. Fresh carrots, cabbages, cucumbers are just some of the things one can get here.

Wanzamai

Local barbers (Wanzamai) or Local Pedicure and manicure artisans can be found in Sabo. They carry out their trade without any electrical devices.



FROM TOP: Fruit seller; A tailor at his shop; a suya shop

Kilishi is the Nigerian version of beef jerky whereas suya is meat kebab. They both originated from the Northern parts of Nigeria and are usually made from boneless cow, sheep or goat meat.



Experience Ibadan in a Day



4

Lunch at Skye Lolo

Linoleum tabletops, hearty meals and a canteen atmosphere: welcome to Skye Lolo. This always-crowded but delightful buka serves the best abula in town (it's amazing, trust us). With its trademark succulent pomo and goat meat, we bet you'll order another round...

7

Carlton Xclusive

Catch a view of the city at sunset, cocktail in hand, on the rooftop bar of the Xclusive while being accompanied by the strains of live Jazz music.

1

IITA

With a discounted weekend rate, where else would you stay but the nice and homely hotel inside the IITA. Recharge your batteries with a hot shower then a perfect English breakfast to get your day started.

5

Shoot For The Stars

Although the Shooting Stars haven't won the league since 1998, taking in a game at Adamasingba is still an iconic Ibadan experience. The concrete stands and hand-operated scoreboard remind you why, win or lose, football is Nigeria's favourite pastime.



**2****Ventura Arcade**

After breakfast, the first stop is the Ventura Mall. You can get the ball rolling at the bowling alley then it's over to some arcade games to try and beat the high score.

**6****Palms Mall**

This is one for the shopaholics! Beside housing the biggest Shoprite outlet in this part of the world, the Palms Mall houses over 50 different stores, available to cater to all your shopping needs.

**3****Agodi Gardens**

You can walk around the beautiful eye-catching tropical trees, visit the lions housed at the mini zoo, splash around in the state-of-the-art waterpark or perhaps, a nice boat ride on the lake.

**8****Kabachi**

It's on to Kabachi for dinner – If you're in the mood to splurge on some of the finest Chinese cooking, try out the Teppenyaki. It's simply fabulous!

9**Lounge at the Mauve 21**

Now that your stomach has been lined, it's time to hit the town again. You'll love ending the day here. From the tiled brown façade to the wall decor, everything about this lounge says classy. Make sure to order the Ibadan sour cocktail, made with vodka, lemon, red wine, and sprite.





THE INTERNATIONAL INSTITUTE OF TROPICAL AGRICULTURE AT 50

by PHIDELIA IMIEGHA

IITA is an international non-profit research-for-development organisation created in 1967, whose ethos is anchored on the development needs of sub-Saharan Africa. They develop agricultural solutions with partners to tackle hunger and poverty by reducing producer and consumer risks, enhancing crop quality and productivity while generating wealth from agriculture. They have more than 100 internationally recruited scientists from 35 countries and 900 nationally recruited staff based in various stations across Africa.

IITA commenced its golden jubilee celebration, with a launching event at its headquarters in Ibadan, on Wednesday, 19 October. The celebration is expected to continue well into 2017, with the finale set for November 2017 although the actual anniversary date is 24th, July.



One part of what IITA does is research and develops better technologies, better varieties, better fertilisers, and better processing techniques. Dr Kenton Dashiell is the deputy director general of the Partnerships for Delivery, the unit in charge of delivering this technology to farmers and processors.

DR KENTON DASHIELL

DDG-Partnerships for Delivery

Q: How is the delivery of IITA technology facilitated?

A: We usually form partnerships with organisations and Agricultural Development Programmes and here in Nigeria, every state has one of such projects. Quite often, in these projects, there are accomplished personnel ready to work with the farmer and deliver technologies to those farmers.

Q: When you refer to technology, is it more biological than mechanical?

A: It can be both. I have a good mechanical example. I am sure you are familiar with the way garri (cassava powder) is processed in the country. In most cases, it is done manually, but it can all be mechanised. There are peeling machines to peel the cassava, grating machines to grate them, and there are hydraulic presses to squeeze out the water, and there are mechanical fryers as well. When the automated process is used instead of the manual process, you get a lot more garri per hour. In many cases, it is much more hygienic, and the quality is better.

Q: How accessible is IITA's technology to small scale farmers?

A: Some technologies require an investment in money, so you have to buy fertilisers or seeds, the land has to be available, tractor hiring services require an investment. So, small scale farmers are often constrained because they do not have the capital at the beginning of the season to do what they need to do. In Nigeria, there has been the GES (Growth Enhancement Scheme), which provides farmers with inputs and subsidies. In general, all over Africa, small scale farmers need help with capital to get to have a good production. We are hopeful and optimistic that the Bank of Agriculture and other organisations can help those small scale farmers.

Q: What are some of the challenges IITA has encountered along the way?

A: The challenges that make our work difficult are the same problems that farmers face, and those significant challenges include but are not limited to poor infrastructure, poor roads, lack of electricity, and lack of running water. All of these things, first of all, make it difficult to live.

Q: In commemoration of the upcoming golden jubilee, what would you say has been your biggest success story?

A: One of the biggest successes we have had was in the early and mid-80s. An insect called mealybug was attacking cassava, and it was destroying crops here in Nigeria and spreading all over Africa. It looked like cassava might become a crop that didn't exist anymore because there was no way to control it unless you spend much money on chemicals to kill it. The scientists started looking all over the world for the source of the insect and found it on cassava and some other plants in Central America. However, in Central America, you could find a little of it on a cassava plant but not enough to hurt it, and the reason it was not hurting the cassava was that it had natural enemies killing it there. Somehow the mealybug was accidentally introduced into Africa, and it did not have any natural enemies, so it was just flourishing and feeding on the cassava. Again, the scientists decided to find a means to reduce the population of cassava mealybug in Africa, so they found a little wasp. The only way that wasp can multiply is to lay its eggs inside that mealy bug, and it kills the bugs in the process. They brought that insect here and now; nobody even talks about the mealybug. It is not a problem anymore. That is probably our biggest success.

FREDERICK SCHREURS

In 2012, the IITA established a Business Incubation Platform (BIP) with the primary purpose of developing profitable agribusiness activities that may be replicated by and absorbed within the private sector. Dr Frederik Schreurs, CEO of the BIP is a Dutchman with a lifetime of experience in the field of agriculture. Here he explains his vision for the unit.

Q: Can you please tell us what the Business Incubation Platform is?

A: Essentially, we take new developments and technologies coming from IITA. For example, a variety of a plant that is resistant to a disease, and then introduce them to the market. We find partners that will take up the technology and start commercialising it.

Q: Can you give an example of such technology?

A: There is a type of fungi called aflatoxins, and these are tiny, but if you eat them, you die. One of the main reasons Nigeria is not exporting peanuts anymore is that Nigeria had a high amount of aflatoxins on their peanuts. We have developed a product here (IITA) called Afla-safe, which removes aflatoxins in peanuts. This product will create a Nigerian opportunity to export peanuts again. We are already discussing with a large scale company in China who'll like to buy, and we are going to supply them from all over the West Coast, starting in Senegal and then Nigeria. We also have a youth Agripreneur program. We train youths on how to set up business plans and how to make a decent living from agriculture. We set them up as outgrowers, and we supply their products to large scale companies who need them. We act as facilitators, and we activate the businesses, we make sure the businesses and the

producers are getting in contact with each other.

Q: You spoke about a youth Agripreneur program through which youths become parts of outgrower schemes. How are these youths selected?

A: The initial system was for people who were trained at IITA or who did internships here, but now we are going further because we are enlarging this programme to 31 countries. It will also be done in 37 states in Nigeria, and we will be looking to recruit about 37,000 youths in Nigeria. The selected applicants will then be trained adequately.

Q: With the 50th anniversary of IITA coming up soon, what are your hopes for the BIP?

A: Well we want to celebrate 50 years too (laughs). The business incubation platform started in 2012. What we want is to create a platform where we can put between 10 to 50 youths in a space, create a business environment there, make sure there are good roads, electricity and all the other necessary facilities. It will be a sales platform. They farm, and we buy from them and sell to the large scale companies. Moreover, this facility can be developed until it becomes like a small village. We can have them in different states. For example, in Nassarawa we got about 4,000 hectares from the state government to do youth projects, so that is already an excellent start.

Q: On a personal note, how did you get into agriculture?

A: My grandfather was a very small scale farmer. He had no land of his own, so he rented land. I studied agriculture because I like to be on the farm. I worked for some years managing plantations then I started a company of my own. At 54, my daughters were out of the house, and I was looking for something to do next because I was withdrawing from my company and getting younger people on board.



Q: Seems like you have a particular interest in the younger generation?

A: I noticed that it was nice to train young people, to give them responsibilities and correct them. Suddenly I saw this position for CEO of business incubation platform. It was not in conflict with my present activities. It was a fascinating challenge, and it was a great fit for me. So I said let's do it. I decided that I would stay 2 – 5 years, and by five years we should have a structure. Most of my staff comprises of young people, and I did that on purpose.

Q: How do you think agriculture can solve the country's current economic woes?

A: I do not believe that agriculture can solve it completely, let's be very clear, that is a myth. However, it can solve many problems. It can address youth unemployment, food security, and it can create a local economy. It can also solve the problem of importing food that can be produced locally.

Q: Do you venture outside IITA campus into the city?

A: Yes, I like to go out. I go to the local markets and sometimes Shoprite. I like to buy the local vegetables, spinach and ugwu. I prefer them to the ones sold at Shoprite although I do venture into the local markets once a while. I like to go around the city and find shops to buy music CDs. I like music a lot.

PETER ILLUEBBEY

INTERNATIONAL TRIALS MANAGER, CASSAVA BREEDING UNIT.

The good folks at the IITA have developed a way to grow and produce a breed of cassava that is rich in Vitamin A, through a conventional breeding process known as biofortification.

Mr. Peter Illuebbey, the International Trials Manager of the institute's Cassava Breeding Unit, gives us an insight into why cassava is crucial to the Institute, highlighting the crop's versatility as one reason.

Q: Why does IITA have a particular interest in cassava?

A: IITA has the mandate to research into food crops. As it stands today, in Sub-Saharan Africa, the number one crop is cassava. In IITA, we research on every aspect of cassava, right from the leaves to the roots, on how to grow the crop, on the uses and on what is needed to get maximum yield. We also research to make sure that we improve the yield and the pest resistance.

Q: How did you discover this yellow variety of cassava?

A: It came in two ways. The first way is that we found out that when we did self-pollination on the cassava plant, it gave us cassavas that were white on the outside, and yellowish on the inside. This result showed us that there was a gene for yellowness. So the more we self-pollinated it, the more the yellow colour was expressed. We also sent our seeds to some of our international partners, and they sent their seeds to

us too. We found some yellow seeds among those we received, and we used them to cross pollinate to achieve the yellow variety. It takes about 8 to 12 years for IITA to be able to release its developed varieties to farmers.

Q: Does the bio-fortification process negatively affect the yellow cassava variety?

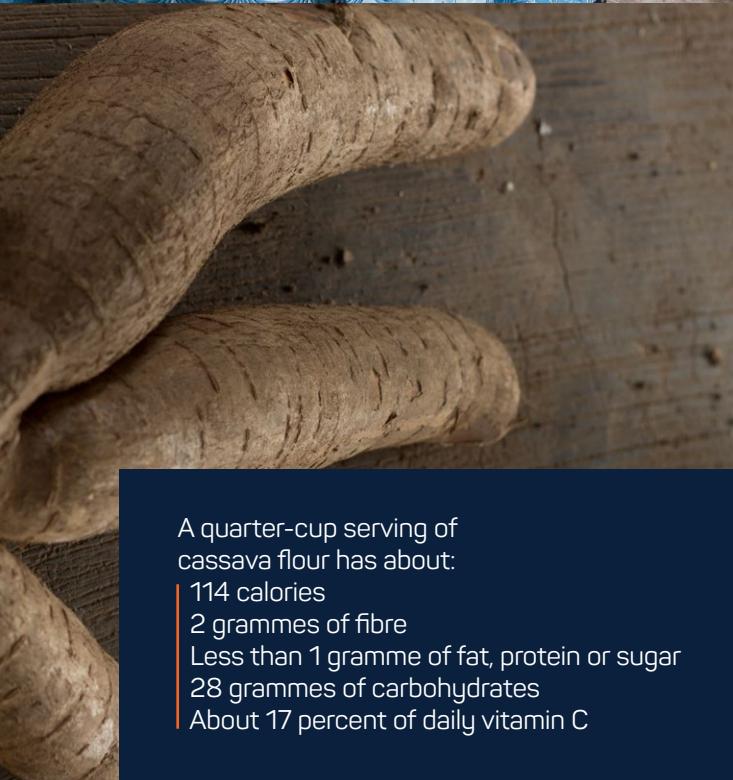
A: It does not change it negatively. It only adds to it. The only difference apart from the vitamin A in it is the colour. Whatever the white variety can be used for, the yellow can also be utilised for the same.

Q: Besides bio-fortification, what other research are you conducting?

A: We are trying to find a way to reduce the life cycle of cassava. Years ago, cassava used to be a crop with a two year life cycle but with research; I can tell you that cassava now has a 12 month life cycle. We are still doing further research to see how we can reduce the life cycle to about seven months. Before now, what we know of cassava is the white variety, but IITA has been working to biofortify its cassava. Now we have white and yellow cassava varieties. The yellow variety has been biofortified with pro-vitamin A. What this means is that when this yellow variety is processed, it will have vitamin A, and vitamin A is a vital vitamin.



Vitamin A deficiency is a malady in Nigeria affecting about 20 percent of pregnant women and 30 percent of children under five years; elsewhere in Africa the statistics are no better. A lack of or a deficiency of vitamin A lowers immunity and impairs vision. This deficiency can lead to blindness and even death.



AFRICA'S BEST KEPT SECRET

Cassava (ege in Yoruba Language) is a perennial woody shrub with an edible root, which grows in tropical and subtropical areas of the world. Cassava originated from tropical America and was first introduced into Africa in the Congo basin by the Portuguese around 1558.

Today Nigeria is the largest producers of cassava in the world with over 54 million metric tonnes yearly, and for the International Institute for Tropical Agriculture, it remains the ultimate focus. Stats from the Institute indicate that nearly every person in Africa eats around 80 kilogrammes of cassava per year, which accounts for 37% of our dietary energy, thus making it quite an important crop.

Nutrition Facts

Nearly every part of the cassava plant can be used in some way. Other than the starchy roots of cassava shrubs, the leaves and stems of cassava can also be used to make food for both humans and animals. In Nigeria Cassava is the crop for all use; its leaves are used for making soups, stews and even livestock feed. The stems are also replanted to help increase mushroom growing, used to make firewood for heating.





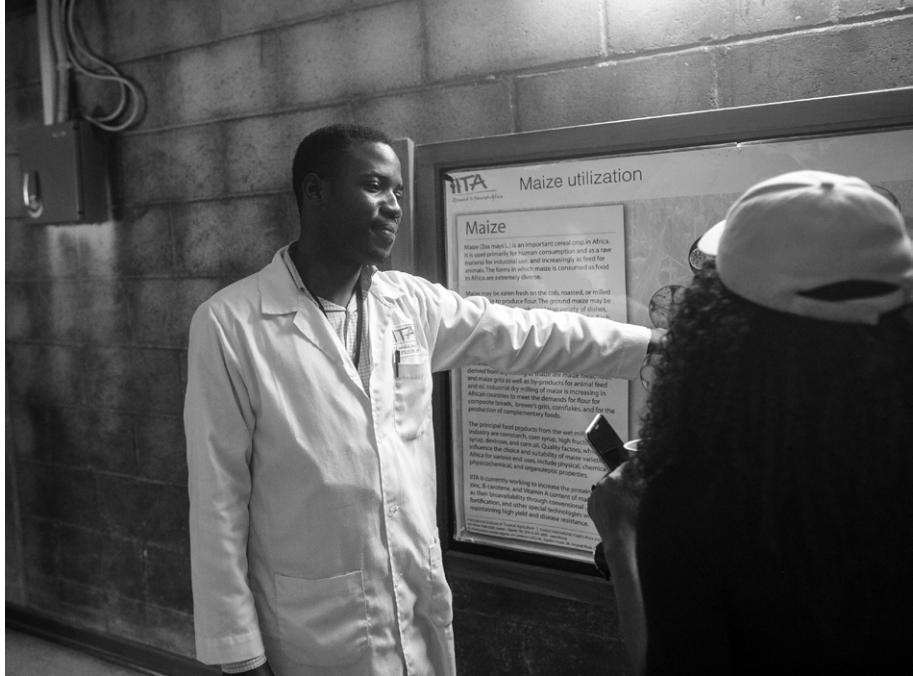
1. There are 271 recorded species of birds and more than 230 butterflies on the IITA Campus.
2. The IITA Scientists have developed a variety of cassava that is bio-fortified with pro vitamin A.
3. Every pastry product baked by the I house bakers contain a percentage of high quality cassava flour

WHAT WE DO

Michael Adesokan

Lab Manager, Food & Nutrition Science Lab.

The mandate here is to research improvement in the nutrition and health of humans. We develop programs to help alleviate malnutrition and hunger. We have a laboratory where we carry out all sorts of chemical analysis on food crops especially the mandate crops i.e. Maize, Cassava, Plantain, Soybean and Cowpea. At the same time, we specialise in product development. We develop new recipes and also improve the nutritional status and quality of existing recipes.



Nwaoliwe Gregory

Training officer, Cassava products.

Our specialisation is in cassava and gluten free cassava flour. We are trying to make use of the products we have in our country and put money in our local farmer's pockets. We are doing this to reduce the importation of wheat flour into Nigeria. In IITA we have developed a type of bread made with 40% cassava flour content. We go outside to train master bakers and confectioners on the use of high quality cassava flour and when they decide to start using this flour, they, in turn, give the opportunity to farmers to sell their crops to the processors. We are on a campaign to convince people to switch to the locally produced cassava flour. It is cheaper, has a low gluten content. Even

people with diabetes and others who avoid gluten based on health restrictions can consume cassava bread. It also has higher energy value than the regular wheat flour. A bag of wheat flour goes for about 13,500 naira while a bag of cassava flour sells at 7,000 naira. You can make 77 loaves of bread out of a bag of wheat flour, while a bag of cassava flour yields 88 loaves of bread. We are hoping the media can help us throw some more light on the use of high quality cassava flour to encourage the local farmers and reduce importation. Nigeria is the largest producer of cassava, and we must try to appreciate, utilise and also export it to build our foreign reserve.



WHY CASSAVA FLOUR?

In most cases, cassava flour works well when you use it in the same proportion as wheat flour – in yeast-based recipes (like most types of bread, for example), a percentage of cassava flour ranging from 5-20% mixed with regular flour makes for incredibly excellent results.

Some of the ways you might want to use cassava flour include adding it to recipes for cassava bread, cakes, chin-chin, biscuits, pizza, brownies and so on.

These qualities, along with the fact that it can be replaced on a 1:1 basis with wheat flour in many recipes, make it preferred flour for gluten-free, grain-free baking and cooking.

Why choose cassava flour?

Gluten, Grain and Nut-free

Cassava flour has been called the next generation in grain-free baking. One of the best things about using cassava flour is that it does not have a dry, strong or unfamiliar taste or texture that often comes with using some gluten-free flours. Its texture lends well to baking things like brownies, cookies and even agebe bread.

Low in Calories, Fat and Sugar

Cassava has less than 120 calories for a quarter-cup serving, making it lower in calories than some other gluten-free flours, such as Cassava flour. This makes cassava a good choice for people with health conditions like diabetes, high blood pressure or high cholesterol since it is extremely low in salt/sodium, sugar and fat, plus totally free from refined carbohydrates and synthetic ingredients.

Inexpensive, Sustainable and Easy to Grow

Cassava plants are grown in over 90 countries worldwide and can withstand less-than-optimal environmental growing conditions, making them highly

sustainable according to research done at the International Institute for Tropical Agriculture. Cassava plants can be grown in regions of the world where fresh food is commonly scarce, which is why it is considered a sustainable and valuable security crop for preventing famine.

High in carbohydrates

Given that cassava is a starchy tuber, you would expect it to have a high carbohydrate profile. However, it is higher than you most likely imagined. For instance, per 100 grammes, cassava has double the calories and carbohydrates as sweet potato. This makes it a valuable and relied upon food source for millions of native people.



In sub-Saharan Africa, cassava provides a whopping 37% of daily caloric intake. It is popular throughout Africa and the third most widely eaten starchy food in the world, after wheat and rice.

DENI BROWN

HEAD OF FOREST UNIT

Meet Deni Brown, modern day nemophilist and Head of the Forest Unit at IITA, whose job revolves around the daily care of over 40 mammals, 271 birds, 230 species of butterflies and several trees, housed within the Institute. She talks about the organisation's plan to open a special tree heritage park and a forest school for children.

Q: Can you shed light on what exactly it is your unit does?

A: The IITA campus is a thousand hectares, a third of which is composed of forests and bushes of which I am in charge. I have nine staffs, and we manage a nursery as well as an ethnobotanical garden for the Yorubaland, it shows a lot of the plants that the Yoruba people for centuries and generations have found useful and exciting. We are also creating a tree heritage park because Nigeria is losing its forest so fast and some trees are going into extinction so this will be a very special park where we can conserve some of these trees. Around this heritage park will be a Forest School so that children can come from all over the country and they can stay in a campsite.

Q: You said earlier that Nigeria is losing its forest fast. Is there any recorded example of a tree or plant that has gone extinct?

A: One of the things we are very short of in Nigeria are taxonomists, and we are very short of expertise and funds to do the surveys. However, I can be fairly sure that some endemic species of plants which are plants only found in certain areas in Nigeria and nowhere else in the world are now extinct. Many of those habitats are entirely devastated because of the oil. Moreover, Nigeria is now down to 4% forest cover when the



recommended for countries is 25%. It is the highest rate of deforestation on the planet.

Q: What was the idea behind setting up a forest school for children?

A: If you do not learn certain things when you are very young, you will never learn them. If children only interact with TVs, it will affect their future development. You can take them out, and there will be birds all around, and they may not even notice or hear them. Our donor, Dr Leventis of the Leventis Foundation once said to me, "Children should know the forest from when they are young. At five years old they should already be going into the forest. Show them these things, and they are bound to see things differently from those who are glued to flat screens all the time."



The IITA campus in Ibadan is a centre of biodiversity in southwest Nigeria. It covers 1000ha of hill country and includes a secondary Forest Reserve of approximately 350ha, which has been protected since the site was first developed for agricultural research in 1967.

Flora: mainly medicinal plants. Over 430 indigenous plant species have been recorded of which 90% have medicinal uses in West Africa.

Birds: IITA Ibadan is an internationally Important Bird Area (IBA), with over 271 species recorded and regular visits from researchers and expert birders.

Butterflies: the first survey in 2002 confirmed 149 species. This has now risen to over 230.

MICHAEL OLANREWAJU

ACTING HEAD, HOSPITALITY AND TRAVEL SERVICES

The best hospitality operators are the ones who build a team of competent and capable members, ready to take the reins whenever necessary, says Acting Head, Hospitality and Travel Services, Michael Olanrewaju.

Q: Word around town is that it is next to impossible for outsiders to make use of your facilities, is this true?

A: We are not commercially inclined so we like to be careful about who we let in to ensure security. This campus serves as an office, a research center and as a home for a large number of people from different parts of the world so security is paramount for us. Before you can come in here, you either have something to do with IITA, or we know where you're coming from. We don't accept walk-ins though, guests have to book ahead online. It's really easy, all you have to do is log onto our website and send us a mail and we will most assuredly reply.

Q: Tell us a bit about some of the services one can enjoy here?

A: We have a 110-room guest house popularly known as International House or the I-House where people come from all over the country to relax here on weekends. What we do is we offer discounts of up to 25% on our rooms during this period. Visitors on weekends have access to guided tours around the campus. We also accept long staying guests.

Our staff canteen takes care of one thousand five hundred people every day. We have a very big standard laundry that takes care of the guests and staff, a bar, conference center and sports centers and pool area. There is also the lake where you can fish and our forest which is a major tourist attraction.

Q: What makes IITA stand out in terms



of hospitality?

A: The biggest thing that we enjoy at IITA is security and we have to keep it that way. We consider our grounds a diplomatic zone and weapons are not allowed in the premises even when we have Heads of States or Ambassadors visiting. Next is the serene environment. Our services are exquisite and prices are second to none - we are farmers and we want to project that at every turn. With 500 Naira, you can have a good lunch here.

Q: Given the number of different nationalities you cater to your restaurant must have a pretty diverse menu?

A: Yes. At times, we have what we call potluck when make dishes from all the countries where we have guests from and assemble it. It gives an aura of cultural integration. Also, our barbecue which holds every Sunday bears a different country's theme every week. This week we may be Italian barbecue and the entire menu will be Italian food and next week could be Ghanaian or Brazilian, and we keep rotating it like that.

Q: Do you practice self sustenance on campus? Do you use your agricultural products in the restaurant?

A: Yes, of course. You can't eat any bread or any pastry product from us without cassava flour. We also train our Master Bakers on how to use cassava flour. We even supply our cassava bread outside of the campus. The Federal Ministry of Health sometimes book our bread and

snacks to exhibit them at events. Our idea is to promote local products. Nigeria is spending billions of naira on importing wheat annually when bread made with cassava flour is even more delicious than the conventional wheat bread.

Q: The 50th anniversary of IITA is coming up, what are the plans from your unit?

A: There is nothing that will happen that hospitality will not be involved with. Every programme that will be held will be catered for by the I-House. All our scientists from all over the world will converge here for about a week and it's our job to take care of them. From their travel plans to accommodation to socials here, we will take care of everything.

Q: How do you handle the demands during your peak periods?

A: The hospitality team is made up of 140 staff. Who are mentally prepared to give their all regardless of the time. We are always prepared, always ensuring that there is no dull moments. Even when it is not a peak period, we try and create the buzz ourselves.

Q: How do you go about this?

A: Sometimes, we bring in live bands because we want people to come out of their shells. We have our own live band within the hospitality team. The head of the band is one of our chefs and the band is called 'The International House Cockroach Band'...[Laughter]. We wanted a funny name.



The Brandy Shallot Chicken Roll served with mashed potatoes, and market vegetables is another recommendation of ours. You can try the excellent pepperoni pizza which tastes amazing, and we think it is because of the 20% cassava flour content.

THE HIDEAWAY NEXT DOOR

Phidelia Imiegha

Much of its 1000-hectare campus is used for scientific research on improving food production in Africa, but a third of the campus consists of unspoilt tropical forest, a natural preserve for birds and other fauna.

A lake about 3 km long, developed to provide irrigation water, attracts hundreds of species of resident and migratory birds. The lake has been spawned with various fish species and is a lodestone for anglers. Guides are available for visitors wishing to take a tour of the forest, try their luck at angling in the lake, or watching for rare migrating birds.

The I-House, with its 108 well-appointed rooms, spacious dormitory facilities, and conference hall is an ideal venue for organising workshops, retreats, team building exercises, or a relaxing weekend with the family. They can go fishing or just stroll around the lake. Less active visitors can kick back at the pool or in one of their bars.

The hospitality arm of IITA recently received a Star Award for Quality from Business Initiative Directions in Geneva.

THE I-HOUSE

International House maintains a furnished guest suite for short-term stays for campus visitors. The suite may be reserved with an advanced payment. There are also cosy flatlets available on request.

END THE DAY AT THE CAPPA BAR

When the sun goes down, the day begins here. Let the ambience of the IITA surround you while sit down and relax at the Cappa Bar. With direct access to the swimming pool, snooker and ping pong tables, you are in the midst of all the action. The bar offers an inviting space for pre-dinner drinks or cocktail, and you can order an array of wines, liquor and non-alcoholic beverages. It is open from 11 am to 7 pm all days of the week except Wednesday when it opens at 1 pm and closes at 9 pm.

WOW YOUR TASTE BUDS

Culinary perfection is what you can expect anytime you dine at the restaurant with a focus on freshness, flavours and varieties, eating at IITA restaurant is scenic, affordable and exquisite, with its traditional local dishes and delicious intercontinental varieties.

The menu is ever changing with dishes and flavours from different continents that expand your senses (and mouths too).

Adventurous guests are encouraged to try the seared IITA Tilapia Special. This menu showcases a local tilapia fish harvested from one of the institute's lakes topped with a savoury combination of Mushroom marinara, parsley rice, vegetables and garnished with a side of lime. Mmm, a glass of Van Loveren Red Muscadet to go with this, please?



FISH AT THE LAKE

There are three human-made lakes, one of which doubles as a dam that services the entire institute. The lakes are stocked with different species of freshwater fishes, and you can find the angling club here, trying their fishing rods, especially in the main lake.

The lake is ideal for a bit of fun, and it is perfect for a few hours of fishing during a weekend visit. Boats are available for hire.



COOL OFF AT THE POOL

Adjacent to the Snack Bar, relax and soak up the rays or take a refreshing dip. After your swim, you can enjoy a game of beautiful game of ping pong or pool, available for use inside the I-House. Cue sticks and chalk can be obtained from the reception



SWEAT IT OUT

Get your dose of endorphins at the sports centre. With two outdoor tennis courts, all lit, the hard courts are the place to unwind after a long week. Join some friends for doubles match, and trainers are available as well. There is also a standard squash and badminton club, a basketball court as well as volleyball and football fields.



IBADAN'S OLDEST CATHEDRAL

Cathedrals are exciting places. Full of history and atmosphere, they draw you in to marvel at their size and grandeur, the colour of glass and vestment, the sound of music and silence in quiet corners.

The Cathedral of St. Peter, Aremo is no exception. This architectural masterpiece was built around 1910 in memory of Aimee L. Harding, a European missionary and was dedicated by Rt. Rev Oluwole.

At 106 years old, it is the oldest cathedral in the city. Nonetheless, it remains one of the grandest buildings in Ibadan - a truly wonderful sight to behold. Architecturally speaking, the building is a gorgeous example of Romanesque and pointed Gothic style. The principal windows are of stained glass, and its two tall, narrow spires can be seen all the way from the steps of Mapo Hall.

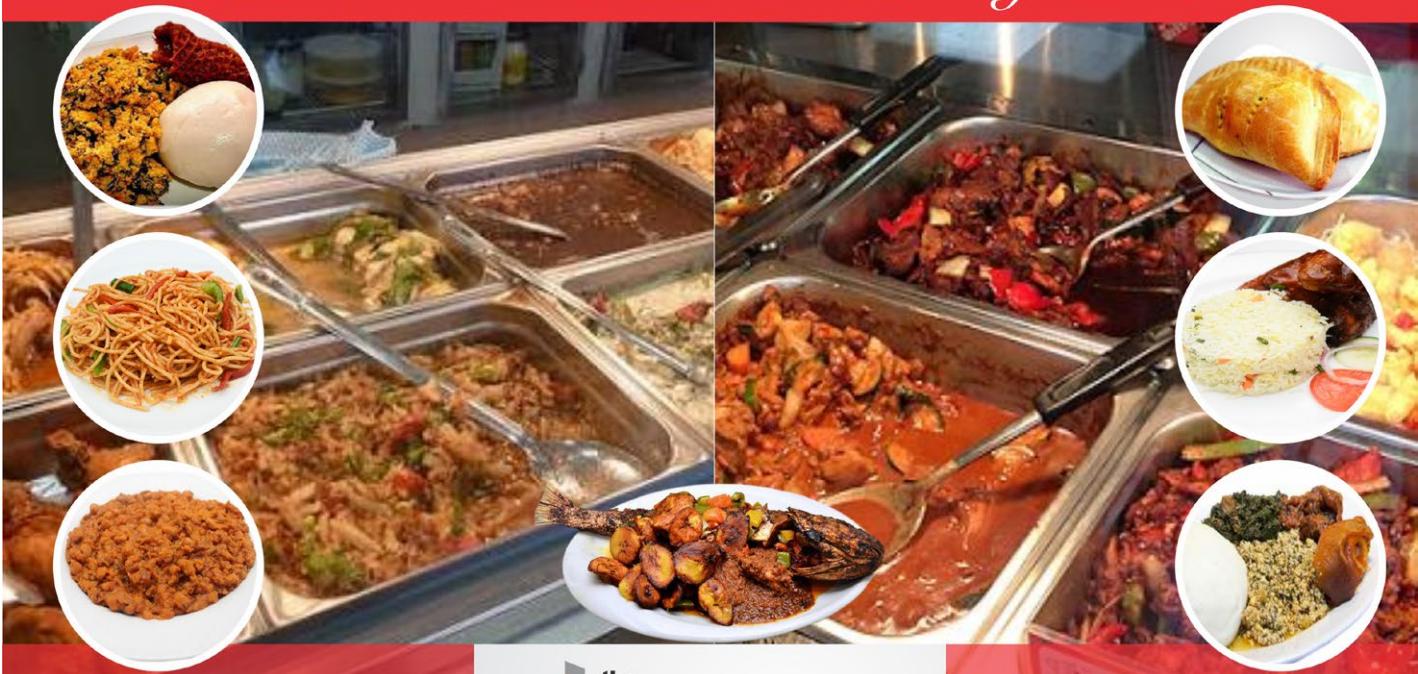
According to recovered memoirs of Rev. Mrs Hinderer, the resplendent structure was designed by a European architect, but it was the locals, members of the church, who gave their labour for free. They broke the stones at the quarry and carried them to the site for use.

These days the church is home to the Ibadan North Anglican diocese. Pop in on a Sunday morning, and you'll likely be greeted by the sound of the excellent St Peter's choir in full throat urging all and sundry to its doors.



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C I T Y I N N F O



Health and Beauty





BEHIND CLOSED DOORS

Too busy to go to the gym? Not an excuse, personal fitness trainer, Demi Lewis shares tips on how to create your space, safe from over-zealous instructors and crazy gym-goers.

Where do I begin?

First of all, the amazing thing about working out at home is that you do not need anything but yourself. Once your mind is right, your body weight is enough to get you sweating profusely after 45-60 mins of high-intensity interval training or weight training and toning exercises, depending on your goal for the day.

What types of exercises can I do?

Body weight exercises include high knees, push-ups, high kicks, squats and lunges. A movement that focuses on engaging your entire body (total

body) gets your heart racing and resistance levels up,

Do I need any equipment?

As mentioned earlier, not necessarily. Your bodyweight is heavy enough to see significant results and for newbies, get used to the idea of actually exercising before introducing any other equipment. However, if you want to add extra resistance and make the workout more challenging, you could add weights. Some equipment recommended include dumbbells, leg weights, and a mat for lower body exercises.

Diet?

Live by the quote, "moderation is key." Diets only last for a time and then you have to figure out how to keep the weight off like the rest of us.

So why not start with a sustainable plan. Instead of a bottle of soda a day, make it every other day. Wean yourself off slowly because habits did not take a day to form either will it take a day to get over eating habits.

Why exercise at home, is it worth it?

Absolutely. You bring the gym to you. You get to work at your pace and time. You save money on gym memberships and classes you probably could end up missing. Ultimately you want to do what works for you. Some people do not need to be around others to get motivated, in fact, some find it distracting or feel insecure being surrounded by gym veterans. So why deprive yourself of a new body and increased mental capacity when you can get the same results in the comfort of your home.

ONE-WEEK MEAL AND FITNESS PLAN

	WORKOUT 6AM (BEFORE WORK) OR 6AM (AFTER WORK)	BREAKFAST	LUNCH	SNACK	DINNER	BEAUTY TIPS
MONDAY	20 reps each Squats, Lunges, Squat jumps, Plank, Push ups Mountain climbers Donkey kicks, Arm and leg plank	Quaker Oats with banana (sliced)	Beans	Cashew nut	Chicken breast and mixed veggies	1. Love your face Love your face just the way it is and if all you do is compare, criticise and complain about your face, nothing on earth will make you happy no matter what you do.
TUESDAY	5 rounds 20 Mountain climbers 50 Jumping jacks 20 bicycles 20 high knees 30 sec plank 20 jump squats	Egg white and a slice of toast (Wheat bread)	Boiled plantain and vegetable stew	Roasted Plantain (Boli)	Beans and boiled plantain	2. Treat yourself Treat yourself because you deserve it. Whenever you can, get your hair done, fix your nails, get a massage, buy a new lipstick colour, spice up your look, spice your feeling, turn the town red because you worth every penny. Small indulgences make a huge difference.
WEDNESDAY	4 rounds 40 high knees 20 jumping jacks 20 squats 10 push-ups 30 sec elbow plank 10 arm lifts 40 climbers 20 sec star plank 10 superman	Boiled yam (1slice) and egg	Moin moin	Apple/Pear/Pineapple (mixed fruit)	Salmon and fist full of rice and diced veggies	3. Moisturise Moisturise your dry skin, stay hydrated and use sunscreen to help protect from sun's Ultraviolet rays.
THURSDAY	Recovery day Light Stretches	Fruit breakfast e.g. banana, apple etc	Rice and beans (Fist size serving portion)	Nuts	Spinach and rice side of either chicken or fish	5. Wash your face Wash your face after a long day because makeup blocks your pores. So be kind and give your face a chance to breathe after a long hard day.
FRIDAY	Abs Friday Scissor kicks Bicycle crunches Torso Twist Leg raises	Quaker oats	Eba and Okro or vegetable stew fist size serving portion	Roasted Ground Nuts	Moin Moin	6. Exfoliate Wash and remove the dead cells on your skin by exfoliating regularly.
SATURDAY	5x 25 reps each Squats Wall push-ups Jumping jacks Shoulder touches Lunges High knees	Freshly squeezed orange juice and boiled egg	One large sweet potatoes sliced and boiled, boiled egg and tomato sauce	Fruits	Diced vegetables and Chicken Breast	7. Know your skin. Identify what is suitable and not suitable for your skin. Moreover, once you do, it is best to avoid it, and it will save you the allergies, breakouts and discomfort.
SUNDAY	REST	CHEAT MEAL (Anything you want)	Beans and one small sized plantain fried.	Cashew	Iceberg, tomatoes, cucumber, boiled egg and boiled potatoes Dressing olive oil with a dash of salt, garlic, black pepper and lemon juice squeezed lightly.	

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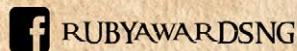
Presents



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IIBADAN

C I T Y I N F O

Ibadan is a bevy of activities all year round so whether you are looking for an excuse to put your hair up or let your hair down, our packed-to-the-seam calendar of events will surely provide you with lifelong memories.



What's On







Ven2ra

On the 27th of May, 2016, IBCITY INFO in conjunction with Grey Motives put Ibadan mall-goers on a red canvas. The event had an extensive line-up with the biggest names in the entertainment industry and afforded all fun-loving people in Ibadan the opportunity to spend a whole day in the company of their favourite stars free of charge.

The event was compered by Bash, Kie-Kie, Lafup and Wale Ozolua. Some of the artists on show include Falz the Bahd Guy, Vector, Burna Boy, Jaywon, Jhybo, Keanzo, Fabulous Pizzy, Tundey GTS, Eri-Life, and so much more.

The event wasn't without unusual side attractions - there were mini bowling tournaments, games, and raffle draws with many gifts won as well as dance performances, and as stand-up comedy. The event lasted well into the night and eventually came to a close around 2am the next day.



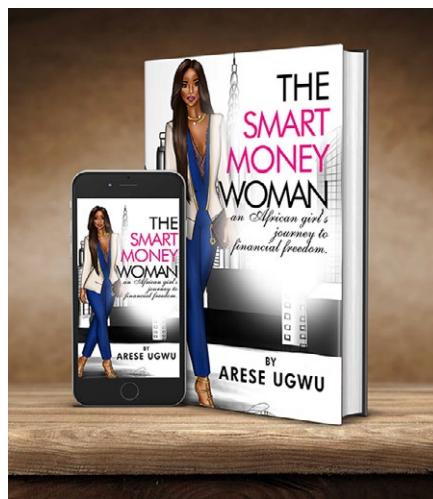


Laffmattaz

The annual comedy and music concert created by comedian Gbenga Adeyinka and powered by Maltina found its way to Ibadan during Easter for its fifth instalment. The sold-out event took place on the 27th of March at the esteemed Jogor Center and was packed with people who came to enjoy the perfect combination of comedy and music. This year's edition was tagged The Legends, The Raves and I.

True to its theme, the show sought to combine the best of old skool music with new ones. With names such as Olu Maintain, Tony Tetuila, Artquake, Daddy Showkey, African China representing the oldies while others like Simi, Adekunle Gold, Keanzo, Spyrofreeze, Dremo, Suave, Que Peller, Skales, Big Sheff, Aramide, 9ice and others filled in for the younger generation.

In between the performances, comics like Seyi Law, Omo Baba, Lepacious Bose, Kenny Blind, Peteru, Shete, 13 disciples, and Arole supplied rib cracking jokes and performances that kept the audience in stitches all night. The best, however, was saved for last when the show's headliner, D'Banj together with a live band took to the stage much to the pleasure of the audience, who had been eagerly waiting all evening to catch a glimpse of the Kokomaster himself.



Smart Money Woman Book Tour

Smart Money Woman: An African Girl's Journey to Financial Freedom is a book by Arese Ugwu that explores the lives of five young adult women navigating stringent financial troubles and making headway. The book made its debut in summer 2016 with the book tour starting on the 22nd of September. The tour was slated to a touchdown in seven major cities including Ibadan, Lagos, Uyo, Abuja, Port-Harcourt, and Accra in Ghana, the first port of called being Ibadan. The tour kicked off with a meet-and-greet at House of Tara, The Palms mall. The meet-and-greet/book signing saw a teeming number of readers, mostly young, female entrepreneurs, business owners, and students who were duly inspired by the message of the book.



90'S Meet Millenium

90's Meets Millennium is a groundbreaking and epoch-making concert put together to celebrate the Nigerian entertainment industry. True to its name, the second instalment of Kie-Kie's annual music concert brought together the best of entertainment from the past, and fuses it what is making waves these days – a sort of Generation X meets Y event.

This year's edition tagged "Old School Meets New School" took place July 10th at Jogor Centre with popular names like Salawu Abeni, Ycee, Small Doctor, Sean Tizzle in attendance. The event featured great music, explosive dance, fashion displays, comedy & special appearances from different Nollywood acts in the process delivering an exciting entertainment loaded with euphoria and nostalgia.



Football, Fun, & Chills

Lead City High School's astro turf played host to one of the more enjoyable events we've had this year. The event is a 7-a-side football tournament with teams competing for cash and consolation prizes. The tournament comprised of 12 teams in which two winners were chosen. Bronx came out on top winning a cash prize of N120,000 while the 2nd (Lasenguff) was given N50,000.



Big B Live

Big B live is an annual cocktail of music, comedy, prayer, talk and more hosted by gospel artist, Bolaji Olarenwaju, popularly known as Big B. The event took place on Sunday, 31st of July 2016 and had a host of gospel artists and figures performing. The event which was aimed at creating a relaxed and fun atmosphere for God lovers had Yetunde Are, Babatunmise, Ifeoluwa, Cobhams, Adetoun, Paul Praise, J Praise, Dj Moonlight, MC Rapindady, MC Solid, Kenny Black, and Caxton Martins as some of the names in attendance.



Rendevouz with Shete

A comedy event that brought the roof down and came through with lots of laughter, dancing, a shout of joy and relaxed mood. The show took place in Ibadan on the 13th of November at Mauve 21. The show started with the host Shete himself in a colourful vintage outfit

which was the first of many amazing moments he had on this day. Comedy titans Laf up and Bash were present alongside Geejokes, Rapindady, Dr Smile, Olympia and Remote whom all performed with the aim of making everyone laugh thoroughly. The dance medley by the Cymbals was beautifully choreographed, and the audience were so excited, they gave the performers a standing ovation. A special moment in the show was when the C.E.O of Exclusive media renewed his vows and re-introduced his wife to the public as they celebrate their 5th year wedding anniversary.

Music was no difference as the finest of artists gave us their best performances, Klever Jay, Victor, Blaze, Tuwyse got the crowd standing. Ojinkanade and Keanzo impressed the audience with their power jam 'Ori buruku is not my portion'. It was also interesting to watch Fabulous pizza go all out in his performance, and it was an incredible performance. Sade blaq did not disappoint her fans. She sang her heart out beautifully especially her jam song 'Sade' (her reply to Adekunle Gold's version). Olu maintain rounded up the event in the most astonishing way possible.



Basorun and the Kingsmen

Ibadan came to a standstill on Sunday, 23rd of October when Bashorun and his Kingsmen came into town. Popular comedian, Bash brought together a host of comedians and musicians with him to the grand conference hall of the Kakanfo Inn to

deliver arguably one of the events of the year.

Personalities such as Gbenga Adeyinka the 1st, Omo Baba, YQ, Bunmi Davies, 9ice and many others were in attendance while musical Taliban Femi Oritse delivered yet another of his trademark enthralling performances.

Not wanting to be left out, homegrown artists like Keanzo, Fabolous Pizza, Ojinkanade, Spyro, Sheun Natural and The Xpandables, thrilled the crowd with energetic performances.

Then, there were the Monarchs of Comedy - from Bash himself, to Gbenga Adeyinka, Lafup, Peteru, Shete, Omo Baba, Mc Abbey, Rapindady and a host of others who thrilled the crowd endlessly with jokes after jokes. The event, organised by Oluyomi Oshisami, is supposed to be the first of many over the years and eyes will be on Bash to see what next year will bring.



City Mega Blast

The city of Ibadan was pulled through a mega blast on Sunday, 29th of November. The concert which showcased top arts in music, comedy and dance was put together by Topside Ent. at Mauve 21.

The event was a lockdown as Ibadan showed so much love, we cannot forget the support from Ibadan stakeholders and On Air Personalities who took their time to come out to support the show.

Huge thanks to the many artists and comedians who put tremendous efforts to keep ribs cracking and feet

dancing. Comedians such as Rapindaddy, 13th disciple, Shete, Geejokes, Remotes and a lot more kept us all worry free for the rest of the night. Everyone could not stop dancing as artists like Oritsefemi, 9ice, Wale turner, Fabulous pizzy, Oyinkanade, Keanzo, Sade Blaq, Tuwyse, BKGMB, Famous, Sheunnatural and a lot more gave the audience an excellent session.



HUC presents "A Christmas Carol"

An evening of Christmas carols by some of the popular faces on the city's social scene is a surefire way to sprinkle some holiday spirit into the season and that was exactly what Hams Universal Consulting did with the maiden edition of "A Christmas Carol."

The carol which was free-to-attend took place on the 18th of December at Mauve 21(Ring-Road). It was HUC's glamorous way of giving back to the community as it sought to celebrate the Christmas season through comedic, artistic and musical celebrations.

The event was hosted by Babatunmise who alongside his band started the concert in awe-inspiring fashion. There were performances from Keanzo, Laykay Sax, Sheun Natural, Spyrophreeze, Sade Blaq, Gee Jokes, MC Remote, DJ Banky, Aramide and gospel music veteran, Sola Allyson.

It was indeed an exciting atmosphere throughout, one that had popular homegrown names singing their favorite carols much to the amusement and enjoyment of everyone in attendance.

The second edition of the carol has been slated for the 17th of December 2017.



LAFUP - Get Marked

Comedian extraordinaire, Segun Ogundipe aka. Lafup was back again with the 9th edition of his annual Boxing Day family comedy show, Lafup Live. The much anticipated event was tagged 'Get Marked', a reference to the tribal mark culture that is consistent with the Ibadan people. As usual, the venue (Jogor Center, Liberty Road) was crammed full with people who turned out in droves to enjoy the eclectic mix of music, dance and comedy from the usual suspects.

Tomiwa Sage opened the show from the red carpet giving every ear a million reason to laugh. The follow up acts included Bash, Demo Pumpin', Slkomedy, MC Remote, Dr Smile, Rapindaddy, and others, all who kept the crowd grinning from ear to ear. There were musical performances from Fabulous Pizzy, Spyrophreeze, Doyinsola while dance duo, The Xpandables thrilled guests in attendance with an absolutely brilliant Christmas themed choreography.

Adding layers to all the fun was Lafup who at a point started sharing hilarious gifts such as live chickens, kitchen and bathing sponges, kitchen spoons, brooms and so on.

There was also time for special appearances on the day from popular gospel singer Yinka Ayefele, Toyin Ayimakhun and Iya Ibadan.

GEE JOKES

The comedy world in Nigeria is ever evolving. Legends like Ali Baba and Basketmouth rose to stardom and inspired another wave of comic genius that included LafUp, Seyi Law who in turn inspired another wave. And so the cycle continued, and will continue.

A new group of young comedians are rising through the ranks and are slowly building their acts. One of them is 17 year old Adejobi Omogbolahan also known as Gee Jokes, Ibadan's little funny man



Tell us a bit about your background?

My name is Adejobi Omogbolahan Ayokunmi, an indigene of Osun state but I have lived in Ibadan all my life. I am a professional stand up comedian, a compere, radio presenter and the potential host of Grammy Awards 2022.

How do you juggle being a University student with trying to break through in the entertainment industry?

It is really tough but it takes the grace of God and your level of determination. In my 100 level days, I almost missed one of my major exams. On that faithful day I was coming back from an event in Lagos. I left as early as 7 thinking I'd get to Ibadan before 11am when my paper starts but just as I left Lagos I was made to understand the difference between go slow and hold up. The traffic was so bad I wished I walked because then I would have gotten to Ibadan faster!

So did you end up writing the exam?

I got into the hall 30 minutes before the exams were over and we all know UI is a strict school. I was made to write a 2 hours 30mins exam under 30min. I think it is still a record.

When and how did you get into the business of comedy?

I never knew being funny was a talent but gradually as years passed I realized it was a rare gift. I got into the business two years ago when I was around 15years of age. My career started in church during our Children's Day celebration. I was asked what I could present and I decided to tell a joke mainly because at the time, 13th disciple was the church comedian and I was quite fond of his jokes. So I picked a joke from an old church bulletin and it was funny enough to get me an ovation, not because of the joke but because of my confidence and my age. After that, 13th disciple started giving me more church events and that's how it started.

How did you come about your stage name?

When I decided to pursue comedy as a career path, my major problem was what to call myself. I wanted something funny. I tried names like Mosquito, Funnyman, Mr. comedian, MC Toothbrush before finally



© Mauve 21

settling for S.O.G meaning Son of God but after like 3months I realized someone else already uses the name. My neighbor at the time used to call me Gbolahan jokes so I decide to go with GEE JOKES

Do you always write your own jokes? What inspires your materials?

Yes, I write my own materials. I get inspired by situations around me. Nobody wants to hear Ebola jokes anymore because that season has passed. Now everyone wants to say something about the recession or Donald Trump because that's what's trending now. I can say my jokes are inspired by God and by what's making waves.

What do you make of the entertainment industry in Ibadan?

I believe we're the next big thing in Nigeria. Everybody is coming up with something new; different concepts, different events every month. Every comedian now owns a month when his show comes up regularly. They should just leave APRIL for me o (lol..)

Who has impacted you most in your career and how?

I would still say Basketmouth and Demo Pumpin as the few things they have said to me has gone a long way in helping me.

First joke ever told?

The joke in the bulletin was about a stressed man who was frustrated with everything. Suddenly, a colleague of his burst into the room and said "John, your daughter just got hit by a truck, she's dead". Out of shock and frustration he opened the window of his office and jumped from his office on the 15th floor... when he reached the 10th floor was when he remembered his name is Timothy not John... when he reached the 5th floor he remembered he wasn't even married talk less of having a daughter but alas...

KING KIDA

At just 15 years of age, Olukayode Odesanya was crowned the winner of The Peak Talent Show Season 2 in an action-packed final that left many thoroughly impressed. It was a golden opportunity that helped a young boy discover his potentials as a musician and shortly after Kida Kudz was born.

Q: Full name and Family background

A: My name is Olukayode Odesanya. I grew up in Ibadan. I am the last child of my family, and I have two elder sisters.

Q: Peak talent show till now, how easy has it been?

A: Peak talent show helped me set the stage for my music career. It was a great platform that put me on the entertainment map. After the competition, I decided to take music

seriously and then break into the entertainment scene. I am currently under a UK registered label, UNG Music Group.

Q: How long have you been in the music Industry? Your big break?

A: I would say I have been in the music industry now for three years now, but I have been in London. I only just moved back to Nigeria in December 2015, and I was given a warm reception from my supporters. My fans are my family. My big break I would say the supporters should let me know when but I would say it was with the song titled 'Ibeere' which had a follow-up song titled 'Owo ni boyz' and then 'Dab it' featuring Reekado Banks of Mavin.

Q: What inspires your music?

A: My culture, family background, songs I grew up listening to, life itself, everything around me.

Q: Are you in a relationship? If yes, how do you balance relationship and music? If no, why?

A: I do not think music should affect any relationship. I would not know, but I cannot say if I am in a relationship or not. KidaKudz is your boo.

Q: How much has your music career affected your normal life?

A: I'm a very shy person. I will not say the music career has changed my normal life. Most times I like to be alone or with my day one people only

but with music and the popularity that comes with it, it is not so easy, but I am doing great.

Q: Most embarrassing moment

A: I think this was when I got into trouble in secondary school for writing a letter to this very cute girl in my class.

Q: What does fashion mean to you?

A: Fashion is everything to me. Many people in this music industry are clueless about what fashion is. You can keep it simple yet stylish, and you could also decide to be creative. I'm sure you can tell my appearance is always one hundred.

Q: Who is your celebrity crush?

A: I will keep that to myself. Don't want the media bringing up any controversy about that just yet.

Q: Two things the public does not know about you?

A: I speak Yoruba very fluently and I was a dancer before I delved into music.

Q: Message to fans who look up to you.

A: Keep chasing your dreams and believe in yourself. Support greatness only.

Q: How you usually spend Christmas?

A: Christmas for me is a time of togetherness so I make sure to spend quality time with my friends and family.





 Blakk Tobi

LEFT TURN TO MAD DISTRICT

What kind of media typically costs nothing, is portable, hands-free and delivers itself straight to your computer, smartphone or handheld device?

A podcast!

Podcasting has blown up in recent years all around the world, the world of podcasting in Nigeria remains elusive at best. However, every now and again, a gem or two tend to spring up, the latest being a rib-cracking satirical show created by a group of University of Ibadan students who call themselves The Mad District.

Describing themselves as connoisseurs of the craze, a fact made evident by the series of skits they post on Instagram and YouTube, Mad District is indeed a curious case, but where the madness shines its brightest is on their monthly podcast show called News Straight Outta the Calabash.

Even though you are bound to laugh or smile at some point during each episode, the underlying messages this group of young adults seek to pass are often of significance. Recent topics have included sexuality, feminism, culture, parenting, the

dilution of content in the Nigerian entertainment industry and so on.

It is something you have to witness for yourself especially as season 1 draws to an end. In conclusion, if you are into comedy and need a little laugh, then Mad District's podcast is for you. You can find all the episodes on their website:

www.themaddistrict.com

the power of **BLAQ**

Tell us a bit about yourself.

I am Folasade Ogunleye, a graduate of music from The Polytechnic, Ibadan. I had my secondary education at our Lady Apostle Secondary School and primary education at Bodija Universal Nursery & Primary School.

How long have you been in the music industry?

I've been in the music industry since 2011 and my major entry into the entertainment in 2013 when I released my single titled "Nobody".

What's going on with you these days?

I am presently undergoing a rebranding process, and I hope to showcase my uniqueness, beauty, and talent. I just dropped a video which went viral for my song "Akara Ife". There is also a single and music video in the pipeline. Just watch out for amazing things from the brand soon. All I need is your support.

Are you in a relationship? If yes, how do you balance it with your music?

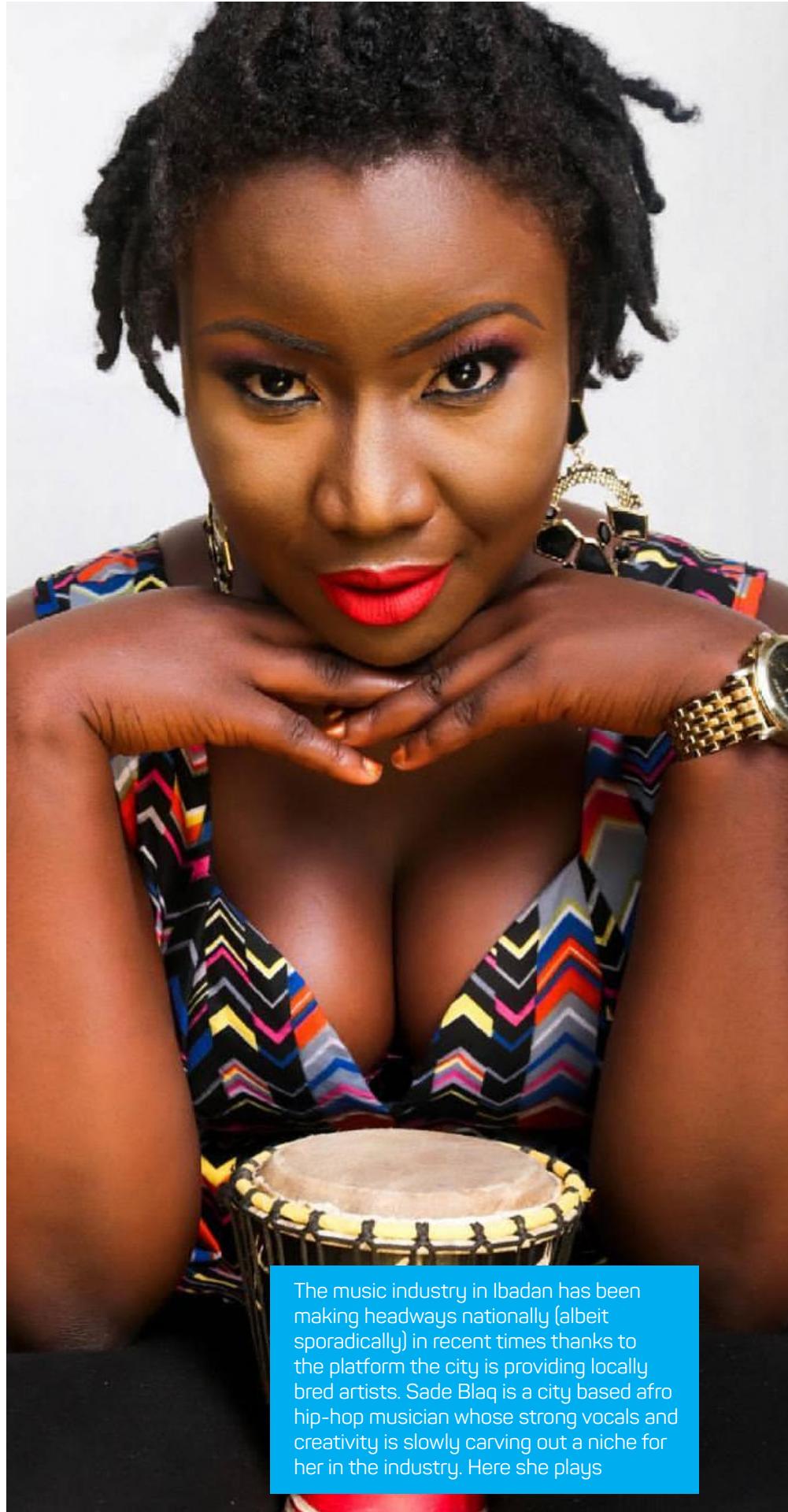
Yes, I am in a relationship. Well, it's been very easy because he is musically oriented. He is a producer and a sound engineer.

What inspires your music?

Ultimately, God inspires me. Whenever I listen to musical instruments such as the guitar & piano, tunes and lyrics flows in my head. I also get my inspirations from happenings around me, nature and personal experiences.

What is one fashion item you can't do without?

I have a particular fetish for handbags, I can't do without a handbag, and I especially love Ankara printed kinds. I am thinking of incorporating it into my brand.



The music industry in Ibadan has been making headways nationally (albeit sporadically) in recent times thanks to the platform the city is providing locally bred artists. Sade Blaq is a city based afro hip-hop musician whose strong vocals and creativity is slowly carving out a niche for her in the industry. Here she plays

TIMELESS

Meet Damilola Lowo (16) and Victoria Ekwebelam (17), the duo popularly known as Timeless. The duo danced their way into recognition at the Maltina Dance All Season 6 auditions and had been making magic in the form of dance ever since.

Before meeting and partnering up in 2014, both Damilola and Victoria had been members of Ibadan's prestigious dance group, The Royal dancers (later changed to Signet Dance Company) where they were professionally trained. Fortune brought the girls together in the most fortuitous of ways. At the Maltina Dance All Season 6 auditions, both girls were registered in the children category and competed fiercely against each other in that category much to the excitement of the judges and those watching. They say two good heads are better than one and both girls quickly became friends and the rest is history.

Damilola is a student of Lead City University Ibadan studying Performing Arts while Victoria is a student at Pentecost University, Accra Ghana studying Information Technology. Blessed such immense talent the duo have taken the entertainment industry by storm in 2016, performing with notable artists and accruing invitational along the way.

Contrary to what most people think, they are both very shy, but that can quickly transform into fierce and bold when performing onstage. Besides dancing, they both love playing video games, swimming and pranking each other. They are both very close to

their families who have been very supportive of both their careers and always advise them regarding any and all necessary decisions. Having acquired such a dedicated following in a short space of time, one can only wonder just how far this two can go.

NAME:

Timeless Dancers
(Dami & Vicky)

RESIDENCE:

Ibadan Oyo state

AGE:

16 years and 17years

OCCUPATION:

Dancers, Models

STATUS:

very Single

IG HANDLE:

timeless_dance

TWITTER:

timeless_dance

FACEBOOK:

timeless





 Akintomiwa Onipede

Enter, and it does not exactly look like a place that is likely to launch the next generation of hip-hop superstars. Indeed 309 Entertainment's recording studio - christened Room 309 is located at the back of a family-style home inside a nondescript cul de sac in Yemetu, Ibadan.

Formed in 2016 by a group of University students, we unveil the weird but cool characters behind the music group, 309 Entertainment.

ERI-IFE

The prodigiously talented guitar playing vocalist who went from just loving music to making it. With a diverse range of sounds, Eri Ife leads the line with suave and he is still only 20 years old. His rapper alter ego; Calderon, shows his face now and then, delivering

funny lines mixed with poetic rhetoric.

PROOF

Proof is the menacing lyricist with bars that hit you like Ali's left hook. He started music at the tender age of seven and cites his major influences as Eminem, Kendrick Lamar, Burna Boy and the great Fela. His favourite colour is black.

YOSOLA

Yosola is the only female in the fold, and she is known for putting her experiences out there through music while inspiring those who listen to her songs.

LOGAN FEBRUARY

An emerging vocalist with a strong voice and an even more energetic personality, Logan combines his lyricism with melody to sound effect. In his spare time, he writes poetry.

ENTER 309

KILLER PRIEST

An unusual breed of a rapper whose brand of hip hop is hugely influenced by the gritty, hard core 90s style of rap. KP loves to address deeply personal subjects and hopes his music can convey undiluted experiences of real people in real life situations.

F-JAY

An alternative rapper with a sense of grandeur, F-Jay believes he can one day educate and inspire a generation who finds regular hip-hop confusing and tedious.

SIR BASTIEN

The brain behind the unique sound that characterises the group. Bastien is the producer who is not afraid to push boundaries and explore newer dimensions when it comes to music.



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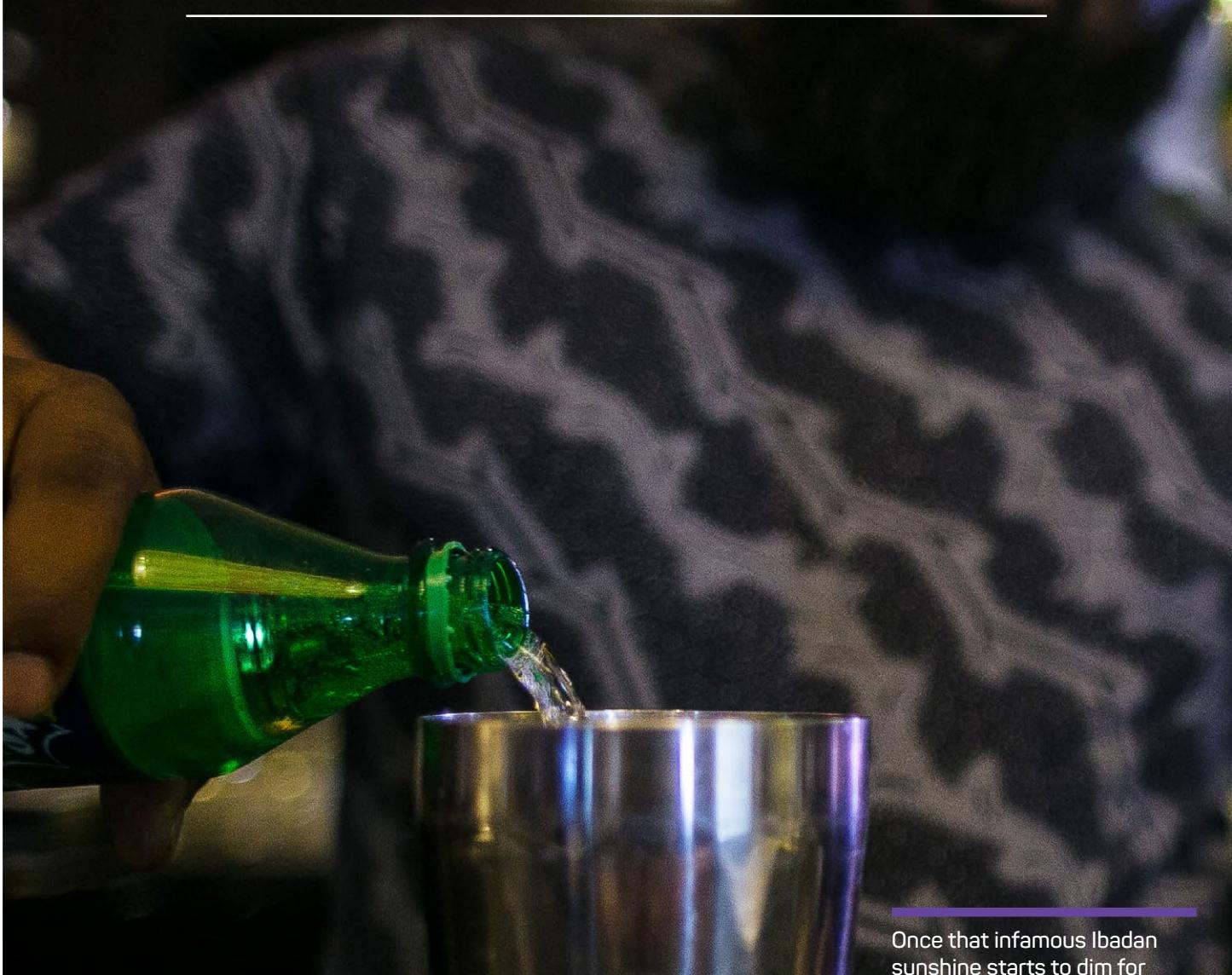
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IBADAN

CITYINFO



Once that infamous Ibadan sunshine starts to dim for the night, you will find plenty of ways to keep that heat cranked up. Although it has a reputation for its numerous bush bars and affordable pubs, this is a small portion of what the city has to offer.



BEER BENEATH STARRY SKIES



A STORY OF ORI-OKE
BY NIMI ONIPEDE

For a place that is supposedly hidden away, Ori-Oke gets more than its fair amount of customers, and it does not take a genius to figure out why.

First and foremost, it is always happy hour here - you will be hard pressed to find another place in all of Ibadan where drinks are as cheap. There is an endless line of sheds occupied by vendors selling different kinds of accompaniment to go with the drinks you ordered. These accompaniments include grilled suya and catfish pepper soup.

If that is not enough, the mood is always exuberant. There is never a shortage of local musicians with instruments at hand (cue in the talking drum (gangan), serenading people with music. Do not be alarmed if halfway through your refreshments you get an unannounced visit from a man singing indigenous music with so much passion while impressing you with his praises.

JAZZ AT CARLTON GATE XCLUSIVE

Ronke Adeleke

The newly opened Carlton Gate Xclusive is a comfortable hotel with an elegant Victorian-inspired bar, and striking interior décor.

Jazz, the beautiful musical art form entrenched in a long, rich and proud history of black people, evidenced by the number of famous coloured musicians who found expressionism in this genre of music.

On the second and fourth Friday of every month at Carlton Gate Exclusive from 7 pm to 10 pm, Laykay Sax the charismatic saxophonist, together with his band perform jazz and afro-highlife songs. The venue is the Street-View bar of the recently opened Carlton Gate Exclusive. It is the perfect location for a night out with friends and family.



📍 Carlton Xclusive

NEW
SPOT!


CLUB DEROOCK
Palms Mall, Ibadan





SHAKE...POUR...SIP

INTRODUCING IBADAN SIGNATURE COCKTAIL BY ADEWALE AGBAJE

Over the years, different cities of the world have imbibed the cocktail culture had special drinks named after them - New York has the Manhattan, Moscow the Moscow Mule even Singapore has the Singapore Sling. With the help of the city's inside man, Adewale Agbaje, you can now order yourself the official Ibadan signature cocktail, mixed and mastered by the man himself.

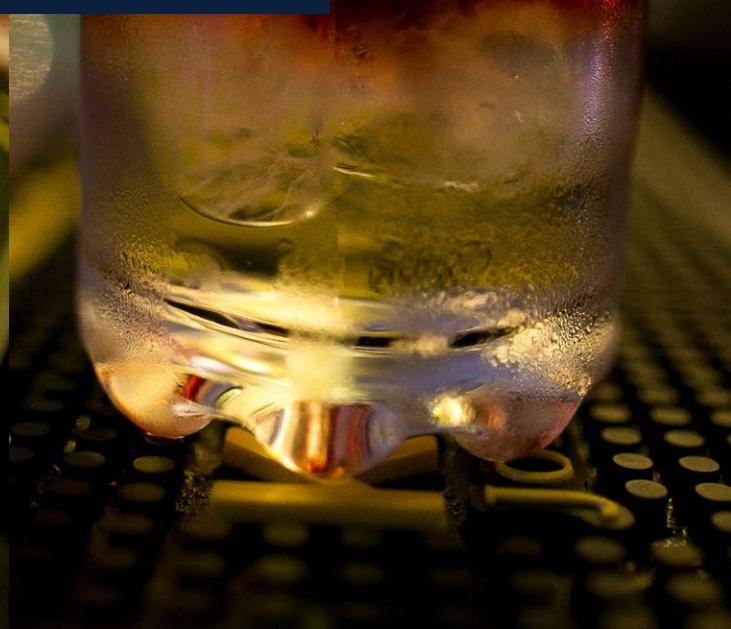
**Available only at the Mauve Lounge.*

INGREDIENTS

- Vodka - 2oz
- Lemon juice - 1oz
- Sprite - .75 oz
- Red wine - .5 oz
- Ice - As per requirement

DIRECTIONS

Add all the ingredients except the wine to a shaker and fill with ice. Shake, and strain into a rocks glass filled with fresh ice. Slowly pour the wine over the back of a spoon so that it floats on top of the drink.





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IIBADAN

CITY INN FOO



When it comes to lodging, we all have different needs. Some of us crave the cosiness of a Bed & Breakfast while others want luxury spa services and a cold drink by the pool. Either way, no matter the kind of visitor you are, Ibadan has got you covered.



Accommodation

THE FIRST TIMER'S GUIDE TO STAYING IN THE CITY

Hospitality in Ibadan is a vital cog in the economy, especially for one with so much business potential like ours. Since Ibadan became the go-to state for infrastructural investments, the number of hotels and lodges in the city has consequently multiplied, leading to an all-around improvement in the quality of service as well.

There are some places you can trust to provide quality accommodation and top-notch services whenever you are in dire need of it. Old timers like Premier Hotel, which can be seen from all over central Ibadan (thanks to its prime location atop Mokola Hill), provides guests with a 4-star treatment and a picturesque view of the city. Davis Hotel inside Old Bodija not only offer comfort and convenience, but their quality of service is the primary reason why it one of the best and longest surviving



hotels in the city. Also, the University of Ibadan Hotel offers a clean and cool lodging on a considerate budget.

Staying at the Begonia Hotel on the outskirts of the city is a charming escape from the country life and a relaxing counter to the hustle and bustle of the city life while the IITA's I-House has rooms that would make one sleep in and forget their worries on the outside of it.

Capital Inn is chic, comfortable and remains the go-to destination in terms of comfort and luxury. If in dire need of a royal pampering, look no further than Owu Crown Hotel, at Monatan. For affordable lodging, try Travel House at Ring-Road. It remains arguably the choicest budget hotel you'll find in all of the city. They offer great deals on all their rooms without the usual consequential drop in the level of class one would expect.



📍 Owu Crown Hotel



📍 Davies Hotel

anywhere. If however you are not looking for a hotel, there are plenty of alternatives one can explore including motels and several Bed &Breakfasts (kindly check our listing page for options). In summary, the hospitality business in the city is at an all-time high, and during a season such as Christmas that has many people trooping into the city for the holiday, we guarantee that a stay in our recommended options is bound to turn into a worthwhile and thoroughly enjoyable experience.

Please note that some of the services at these hotels may incur extra charges.



📍 Begonia Hotel



THE NEW CARLTON IS ...XCLUSIVE.

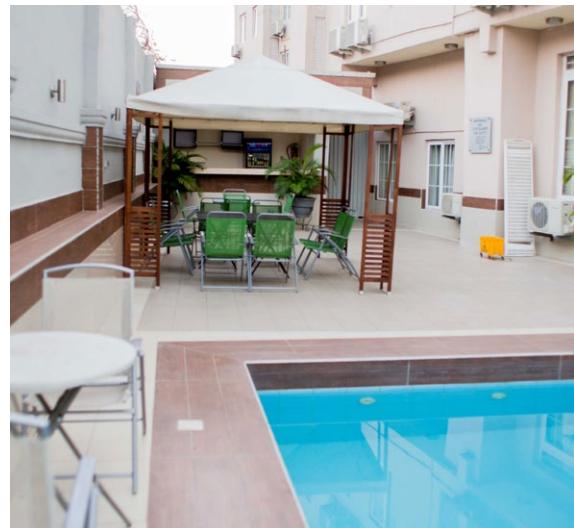
There is nothing more spectacular – The Carlton Xclusive is a resplendent new offering from the Megamound Group with a touch of excellence that makes all their guests feel pampered.

Situated in the quiet part of the Agodi GRA, the Carlton Xclusive is a new elegant hotel that offers the classic Ibadan ambience, and the result is something spectacular. The hotel is only ten minutes away from the heart of the city. Their rooms are fitted with state of the art features, and guests are assured of a world class service from a hospitable bunch of staff.

For the full xclusive experience,

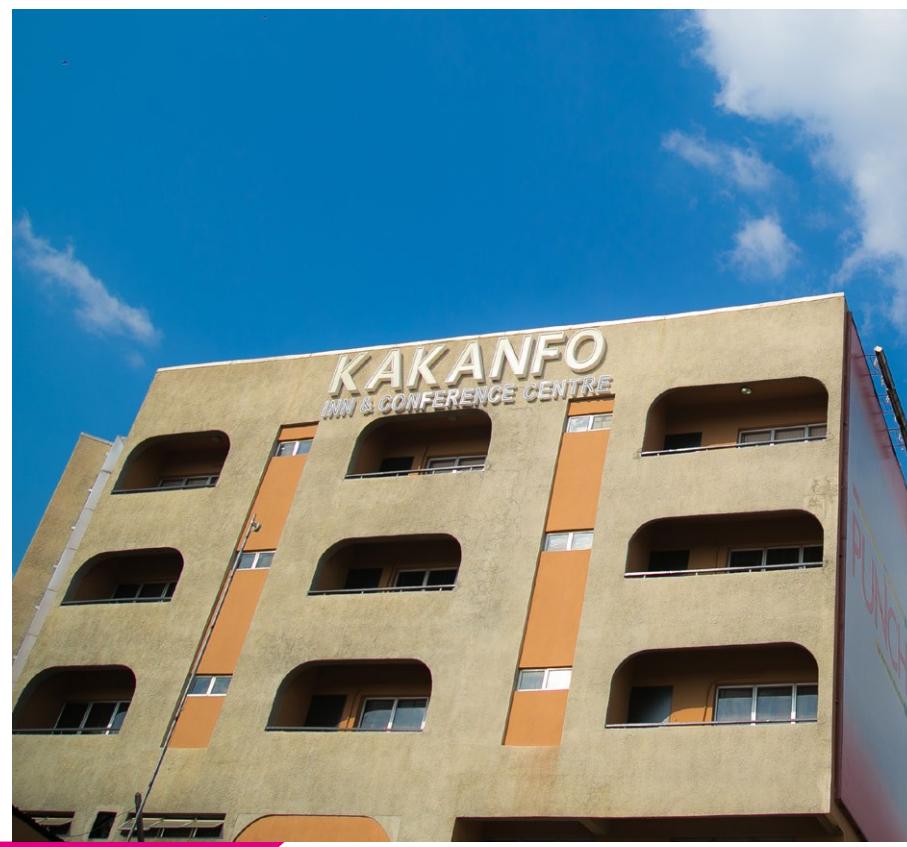
you need to stay in one of the hotel's elegant suite like their Business Mini Suite or if you are in need of some thorough pampering, then perhaps, the Royal Suite which has a luxuriously furnished room should suffice greatly, but be prepared to spend some Naira.

The Asiwaju Bar, conference room, a stylish restaurant, and rooftop lounge goes a long way in echoing the ethos upon which the Carlton Hotel group operates under, which is to set itself apart from all other accommodation providers by bringing business and leisure travelers a memorable 'home away from home'.





KAKANFO INN AND CONFERENCE CENTERS.



Launched in 1988 to service the hospitality needs of the growing business community in the Ring-Road area, the Kakanfo Inn and Conference Centers offers a timeless enclave of hospitality to all who walks through its door.

The hotel's simple sophistication together with its contemporary design and premium services provide guests with memorable experiences time and time again. Their rooms are warm, spacious and inviting, with a piece of art hanging on the wall in every room. They have a spa, free Wi-Fi, mini bar, a gym for fitness enthusiasts, a swimming pool, as well as state-of-the-art conference facilities. There is also a comprehensive business centre, executive lounge, and the banqueting facilities that visitors can use. Nearby services include a beauty salon, mini-golf enclosure, a cinema, and for guests wanting to do some shopping, the Palms Shopping Mall is only a stone throw away.



Your interior design fairy godmother has arrived...

For many décor-loving Ibadan residents, the luxury of hiring an interior designer has long been out of reach. Thanks to Ibadan based startup, Sunflowers Home Essentials, all that is about to change...

A lot of people have the wrong impression that interior decoration is expensive and because of this preconceived notion, they tend to decorate their homes, offices, hotels and school decoration themselves and most times end up getting a muddled up effect. Interior décor does not have to bleed you dry according to Ibadan-based home stager and Lead Consultant at Sunflowers Home Essentials, Kaothar Agbaje.

"At Sunflower, we design your space based on your budget. Usually, when people build their homes and offices, they tend to have spent a lot of money on their building materials which are usually very expensive and they tend to compromise aesthetic decorations which are the most important aspect of a building. The

cement and iron used in a building cannot be seen, what is seen is the finishing of the home, the furniture, painting, soft furnishing, bedding which are actually what makes a house a home. Our home should be our personal haven, and this can only be achieved if the right finishing touches are in place."

With Sunflower's budget specific interior design, décor is done based on the customer's budget, no matter how little or much without compromising quality to achieve a "wow" effect. Usually, they start with the most important and significant aspect of decoration which is wall painting. Once the wall is painted right, the decoration is half done already, but when the walls are painted wrongly, it takes a whole lot to make up and get the



space right. The other half involves encouraging their customers to do add-on decoration by giving them the essential list for each room and then fix the amount they are willing to pay for the item. They look at the budget and then pick out the item that best fit the budget and then produces a significant difference in their space. Alternatively, they encourage customers to do a room at a time if that is what their budget can accommodate and without compromising quality. When budget specific decoration are done right, your home becomes the personal haven it is meant to be, a reflection of our beautiful taste. You will be surprised at how much can be done with so little.



ROSEBUD SCHOOLS

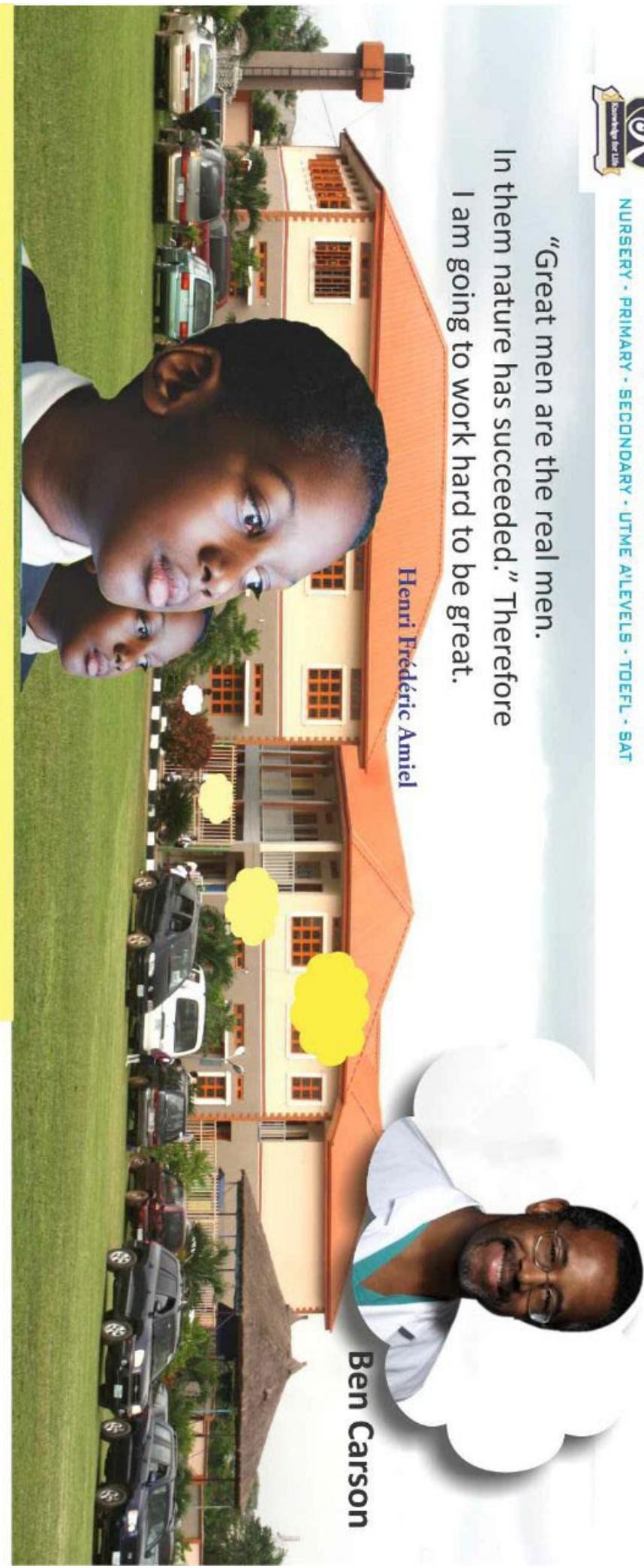
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"Great men are the real men.

In them nature has succeeded." Therefore
I am going to work hard to be great.

Henri Frédéric Amiel

Ben Carson



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T: 08023647587, 08132021908, 08035225109.

www.rosebudschoolib.com E:info@rosebudschoolsib.rosebudschoolsib@gmail.com

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Bayse One Place

Indisputably, Bayse One Place presents a refreshing and stylish alternative in the ancient and peaceful city of Ibadan. With the superb accommodations and amenities, presented in an enviable location and serene environment Bayse One Place is an outstanding for money.

► Plot 14/16, Akinola Maja Street, Opposite 3SC Football Club Office, Jericho, Ibadan
 ► info@bayseonehotels.com ► www.bayseonehotels.com
 ► +234 706 761 0299, +234 815 696 7176

Begonia Hotel

Begonia Hotel is one of the newest offerings in the city that is creating an exquisite hotel experience of world class standard. The 4-star lodge is located in the cool ambience of Ilora, 20 minutes away from Town. Its location in the suburbs makes Begonia the perfect getaway from the noise and buzzing of the city for guests who want to be treated to top notch luxury.

► Begonia Avenue, Behind Compass Point Filling Station, KM 39 Ibadan – Oyo Expressway, Ilora
 ► mails@begoniahotel.com ► www.begoniahotel.com
 ► +234 809 444 7555, +234 809 444 7556, 0700-BEGONIA



Brighton Hotel and Suites

Brighton Hotel and Suites Ltd offers the best services to their guests with their top-notch hospitality and luxury facilities to ensure their guests' comfort. Their rooms are furnished with modern pieces, and even antiques, to appeal to their trendy and eccentric guests.

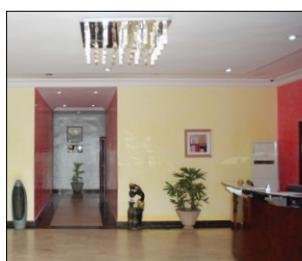
► 24, Adeniji Street, Off Liberty Stadium, Ibadan
 ► brightonhotel_suite@yahoo.com ► www.brightonhotel-suite.com
 ► +234 807 635 3696, +234 809 353 4396



Carlton Gate Hotel

When it comes down to modern, classy architecture and warm customer reception, Carlton Gate Hotel is one of a kind. It offers sixty-two modern, comfortable and well-equipped guest rooms. It has a pool for customer convenience, an ambient outdoor bar and restaurant, which offers a variety of food. Their cocktails are exotic as they are amazing.

► Quarters 860, Agodi GRA, Ibadan
 ► reservation@carltongatehotelibadan.com
 ► +234 1 295 5232; +234 811 579 9323



Check-Inn Hotels

Check-Inn Hotel offers 35 palatial, luxuriously furnished and resplendent rooms. With amenities that transcend the ordinary, and create memories, from an intimate escape to an unforgettable vacation, a fantastic stay is ensured to leisure and business guests alike. With the restaurant offering the best quality dishes and a cosy bar with the finest services are added attractions.

► 1, Check-Inn Close Behind Zain Head Office, Off Secretariat/U.I Road, Bodija, Ibadan
 ► info@checkinnhotels.com ► www.checkinnhotels.com
 ► +234 708 669 5488; +234 809 911 7790; +234 802 877 5171; +234 705 867 6555

Davies Hotel

Davies Hotel has been in Ibadan City since 1974 but its age long presence has done nothing but builds a long term trust with customers. The hotel has a popular bar that stocks fine wine and spirits and a restaurant whose menu ranges from local to international delicacies. The hotel has different kinds of rooms depending on the lodger's preference, at a moderate price range.

► 7/8 Adeyi Avenue, Old Bodija, Ibadan
 ► info@davieshotel.com ► www.davieshotel.com
 ► +234 802 338 7433, +234 803 714 2599, +234 812 188 5836





Glory View Hotel

For a breath of fresh air, warmth, and good hospitality, Glory View Hotel is the hotel to lodge in with loved ones. Guests are waited on round-the-clock, with an exotic bar and restaurant to cater to guests. Their rooms and suites are tastefully furnished and possess an aesthetic value.

➡ Adenuga Street, Kongi Bus-Stop, Off U.I Secretariat Road, Ibadan.

📞 +234 (0) 805 471 1749

Grand Serene Hotel

Located in the quiet, residential district of Iyagunku GRA, and a few minutes' drive to the commercial nerve of the Ibadan city, Grand Serene Hotel is a place to be discovered and savoured for pleasure, and business activities on a luxurious and classic scale. Their strength lies in the technicalities of highly professional personnel who deliver prompt and courteous services to guests.

➡ 19, Jibowu Crescent, Iyagunku G.R.A. Ibadan

✉ frontofficemanager@grandserenehotel.com

📞 +234 807 635 3696, +234 809 353 4396

🌐 www.grandserenehotel.com



Hill Top Tavern Hotel

Its location is convenient for those visiting the Ibadan Polytechnic, as the institution is just a stone's throw from the hotel. For scholars and academics visiting, this is the place to stay. It offers a large variety of facilities and amenities to make their guests comfortable and makes sure they have the best possible stay away from home.

➡ Polythenic Road, Ladoke Akintola Way, Sango, Ibadan

✉ alphanigeria@yahoo.com 🌐 hilltoptavernhotel.com

📞 +234 1 295 5232; +234 811 579 9323

His Grace Hotel & Suites

His Grace Hotel offers one of the best services in the hospitality industry, perfected over four decades. Effectiveness and efficiency backed by a truly dedicated team of employees to make sure the guests receive nothing short of classy service. Their facilities and amenities transcend above the ordinary in quality and finesse.

➡ Plot 1, Aare Avenue New Bodija, Ibadan

✉ info@hisgracehotelsandsuites.com

📞 +234 (0) 8093367416

🌐 www.hisgracehotelsandsuites.com



IITA Hotel

The I-House with, 108 well-appointed rooms, spacious dormitory facilities and a conference hall, is an ideal venue for business and pleasure trips. The IITA Hotel, owing to years of impeccable service, offers true ambience and serenity. They have an outdoor swimming pool, a classy bar and the cost is paltry. You should do well to book in advance as the place is usually almost fully booked.

➡ IITA-Nigeria Ibadan, PMB 5320, Ibadan.

✉ ita-hotel@cgiar.org 🌐 hotel.ita.org

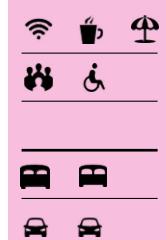
📞 +234 (2) 241 2626 2480

K S Motels

This hotel has more than two decades' worth of history when it comes to the hospitality business. The facility has fallen off the radar in recent times and but still maintains a respectable standard that trumps that of many hotels in the city. Their facilities and amenities remain in top-notch condition even after all this time.

➡ Queen Elizabeth II Road, Orita-Mefa, Ibadan

📞 +234 704 339 0696, +234 816 849 5564



Kakanfo Inn & Conference Centre

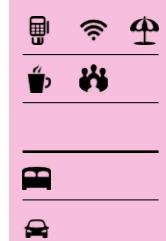
Kakanfo Inn is a prestigious hotel and conference centre located in the commercial nerve of the Ibadan City. The hotel comprises 15 suites, 67 double rooms with an option of 5 categories of rooms equipped with ultramodern facilities. There is a fully air-conditioned conference centre as well as an all-purpose hall seating 220 to 2500 guests.

📍 1 Nihinlola Street, Off Mobil Petrol Station, Off Joyce'B Area, Ring Road, Ibadan
 📩 info@kakanfoinn.com 🌐 www.kakanfoinn.com
 ☎ +234-2-7518000; +234-2-7518001; +234-8073590868

**LaMaison Hotel & Suite**

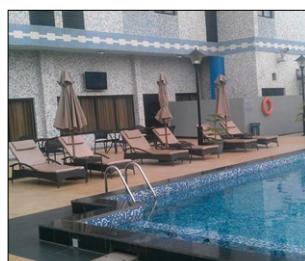
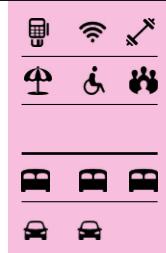
La Maison Hotel is a minimalist design hotel complex of 15 rooms spanning two floors, with a basement housing the service area. The 15 rooms (inclusive of 1 exotic suite) are well and tastefully furnished to ensure maximum comfort. The hotel is strategically located such that you can reach it without the stress of driving through the city.

📍 23 Jibowu Street, Iyaganku G.R.A., Ibadan.
 📩 info@lamaisonhotel-ng.com 🌐 www.lamaisonhotel-ng.com
 ☎ +234-816-068-4669

**Orchard Hotel**

The Orchard Hotel is known famously for their hospitality and their main goal is customer satisfaction. The hotel is equipped with a conference room, restaurant, bar, gym and bedrooms divided into categories to suit their guests' pockets. Their rooms are tastefully furnished. The hotel is located in a serene environment to fulfil the purpose of relaxation.

📍 Off Golf Club, Link Reservation Onireke G.R.A., Ibadan
 📩 customercare@orchardhotels.com.ng 🌐 www.orchardhotels.com.ng
 ☎ +234 811 118 2200, +234 811 118 2211

**Owu Crown**

Owu Crown Ibadan, former Golden Tulip, is an 80 room, 4-star hotel with an objective to meet the needs of its guests and to strike a balance between comfort and luxury. Accommodation includes fully air-conditioned double rooms, twin rooms and suites with Wi-fi Internet access. A restaurant that offers a variety of continental and indigenous cuisines exists to cater to the taste buds of guests.

📍 KM 2, Iwo Road, Monotan, Ibadan
 📩 info@owucrownhotel.com 🌐 www.owucrownhotel.com
 ☎ +234 (2) 2022500

**Carlton Xclusive**

Situated in the quiet part of the Agodi GRA, the Carlton Xclusive is a new elegant hotel that offers the classic Ibadan ambience, and the result is something spectacular. The hotel is only ten minutes away from the heart of the city. Their rooms are fitted with state of the art features, and guests are assured of a world class service from a hospitable bunch of staff.

📍 Quarters 853, Agodi GRA, next to Senior Citizens Club Secretariat Road, Ibadan
 📩 info@carltonxclusive.com, reservation@carltonxclusive.com
 ☎ +234 701 089 9994, +234 812 076 6000, +234 817 881 1990



Premier Hotel

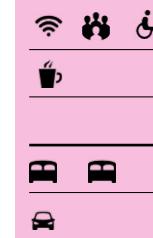
Premier Hotel is known as one of the best and oldest hotels in West Africa. Jointly owned by the Odua States, it is equipped with optimum facilities for maximal enjoyment. The hotel boasts of 87 bedrooms in total; 80 double rooms, 6 executive suites and 1 luxury suite. It has a standard Olympic sized swimming pool, which is a bonus and an avenue to socialize with Ibadan residents.

► Mokola Hill, Oremeji | P. O. Box 1206, Ibadan
 ► info@premierhotelibadan.com ► www.premierhotelibadan.com
 ► +234 811 595 9631, +234 802 353 9974, +234 703 803 4472

SDM Tavern Hotel

SDM Tavern offers clean and spacious rooms designed for both leisure and business travellers. It is located in a quiet serene environment and it provides maximum comfort and convenience, with a touch of elegance at moderate charges. The rooms are spacious, luxurious, tastefully furnished and equipped with facilities for maximum comfort.

► 7, Road H, Opposite UCH Second Gate, Secretariat/Total Garden Road, GRA, Agodi, Ibadan
 ► +234 808 826 9483



Travel House Budget Hotel

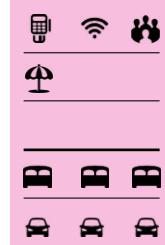
Travel House Budget Hotel offers the best facilities and associated services, which assure a clean and comfortable stay. With a friendly and professional welcome, whether on a business or leisure trip, a pleasant stay is ensured. As the name implies, the hotel is affordable and offers way more than one expects a budget hotel too.

► Plot 22A, Block X, M.K.O. Abiola Way, Ring Road, Ibadan
 ► info@travelhousenigeria.com ► www.travelhousenigeria.com
 ► +234 817 569 1344, +234 704 499 7087

U.I. Hotel

Located in the heart of the first university in Nigeria, the U.I. Hotel has a serene atmosphere for one to work and experience the institution first-hand. The amenities and facilities are adequate for guests.

► University Of Ibadan, Ibadan
 ► uiventureslimited@yahoo.com
 ► +234 708 400 0002



Walan Hotel (D'Rovans Hotel Limited)

Located at Ring Road, Ibadan, Walan Hotel has been in existence for over two decades. With over a hundred rooms, the hotel has unique features that distinguish it from other hotels. There are single, double, standard studio, deluxe executive, family deluxe and executive suites, which are tastefully furnished with all basic facilities provided. The hotel also has an array of stores that supply the needs of the guests.

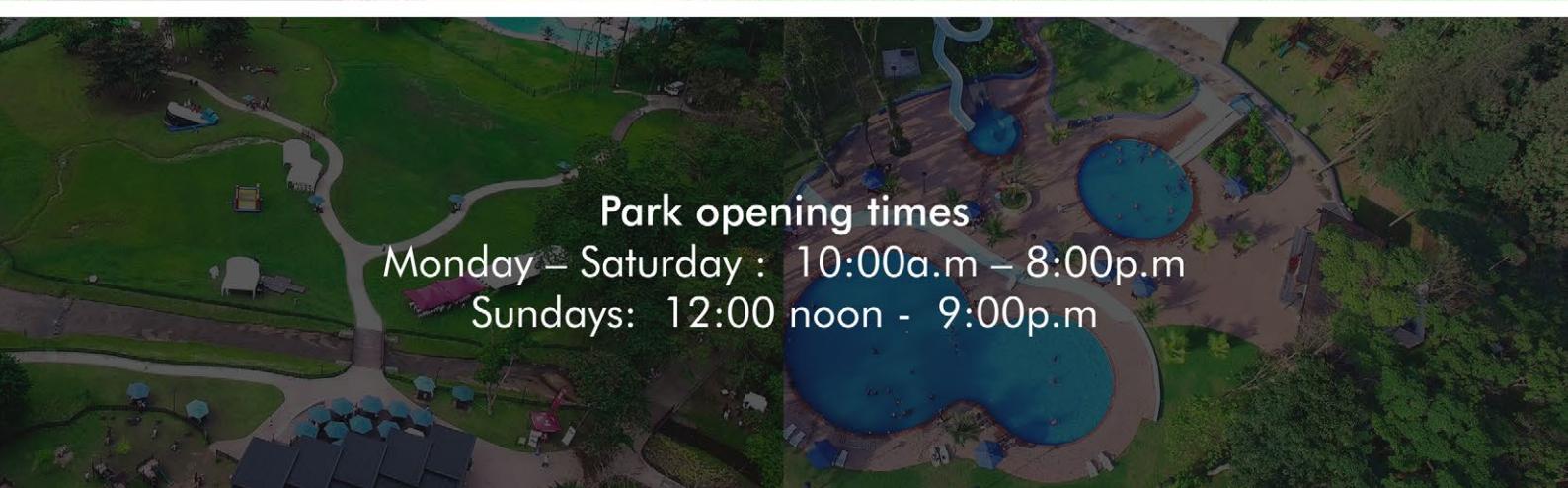
► Francis Ayegbeni Close, Ring Road, Ibadan.
 ► walanhotal@yahoo.com ► www.walanhotel.com
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+234 8178532960, +234 8098114510,
+234 8099003009

IBADAN

CITY IN NFFO



Whether it is football or golf, the atmosphere is consistently spiced with sporting occasions ranging from local events to the annual National Polo Championship. Year-round, the weather lends itself to sports, and Ibadan people love taking advantage of this.





Ibadan Golf Club
Tosin Akinyemi

THE GOLFER'S GUIDE TO IBADAN

Ibadan is a golfers paradise. The city is home to two of the best courses available in the country today. Factor in the year-round sunshine and the competitive pricing and it is no wonder that the popularity of the game is increasing by the year.

The Ibadan Golf Club at Onireke is visually stunning while IITA's course is just a twenty minutes drive away.

IBADAN GOLF CLUB

Located at Onireke, IGC is an exclusive private member only club built in 1990 with a sprawling 72-par green course with 18 holes. There is the 5534m stretch course for men,

a beautiful 4695m long course for the ladies, a lounge where you can relax, a nice bar for refreshments and a pro shop that rents and sells golf equipment.

You will find no shortage of familiar faces here too, from State Governors looking to work on their strokes to business moguls seeking a bit of respite from the workplace. If you are the type that loves to play with others, there are always experienced golf professionals around to train with and as well-trained caddies.

The IGC is open all year round and the price range on weekdays is N3000 and N4000 on weekends. Business

hours are from 8.00am to 11.30pm.

IITA GOLF COURSE

Sheltered in a secluded area of Ibadan, within the confines of the beautiful thousand-hectare luxurious estate of the International Institute of Tropical Agriculture is the second of the city's golf courses.

Unlike IGC, the landscape here runs along each of the holes making accuracy imperative while simultaneously testing the mental strength of players. It is one of the trickiest courses to navigate in the country without a doubt, and we think it is a good option especially for players who want to sharpen their technique.

The brown course was initially nine holes, but further expansion took it to 18 holes. The clubhouse (Cappa Bar) is pleasant, and you can relax and unwind, drink and eat after your game. Wednesday night is Suya Night.

The delightful ambience of the estate, an elegant clubhouse, a fantastic restaurant and stocked bar are other reasons to visit the complex.

IBADAN POLO CLUB

Polo, the 'sport of kings,' is arguably the oldest recorded team sport in known history having first been played over 2500 years ago. In Nigeria today, football may be the dominating game, but Polo has been in the country for quite a while

now, having been introduced to the country decades ago – dating as far back as 1904. The growth of the sport in the country has been both impressive albeit a little slow, and it has birthed several private clubs, one of which is the prestigious Ibadan

Polo Club.

Ibadan Polo Club is located at Leutemock Cantonment Close, off Eleyele Road, Oyo in the Ido area of town. The Club hosts several tournaments all year round, but the Ibadan International Polo Tournament is undoubtedly the most important event of them all. Polo enthusiasts describe it as "the biggest event on the calendar of activities for the year." This year's edition took place from the 26th to 30th of January 2016. The tournament featured over 16 teams battling for three major trophies in three categories. Lead City Group claimed the top prize, winning the Ibadan Cup while Kano FAS Agro and Lagos Marina won the Ade Alakija Cup and Rotimi Cup respectively. Hamisu Buba of the Lead City Group was voted the most valuable player.





THE K CENTER

5-a-Side Football is a fast, technical and social brand of football that is fast becoming a popular choice for recreation in the city.

Located in a quiet part of Onireke, the K-Center is a privately owned recreational centre that has redefined the street football experience in the city.

With a sophisticated astroturf and state of the art facilities, it's no wonder the centre has become the bedrock of recreational kick about for those who want to enjoy the ultimate footballing experience.

Don't believe us? Then be sure to check them out on a typical Wednesday. You're sure to find a Leo

Messi from Yemetu, Eden Hazards from Oluyole and maybe a Jay Jay Okocha from Bodija.

Open all week long and available for private bookings. The K-Center is the best place to maintain your mental and physical fitness while socialising with friends in the process. It is also perfect for organisations looking to build teamwork and spirit amongst its workers.

The turf has bright floodlights installed so you can play well into the evenings, and all this, for a small token.

The centre holds a quarterly 5-aside tourney with the next event is scheduled to hold on the 28th, 29th & 30th of December 2016.



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VISIT THE NEAREST PLAY OUTLET



DAY OUT AT THE STADIUM

If you have never been to a football game played live and you find yourself in Ibadan on a match day, make it a goal to visit the Lekan Salami Stadium.

With five Premier League titles, four Federation Cups, one CAF Confederation Cup and a CAF Cup to their name, Shooting Stars Football Club of Ibadan, is arguably one of the most successful teams in Nigerian football. Great players like Segun Odegbami, as well as the Super Eagles' all-time top scorer, Rashidi Yekini were former players of the club. The club earned its historic status when they were the first Nigerian club to win the Intercontinental Cup. Just a few years back, Lekan Salami Stadium was a place of broken dreams. 3sc football club had been relegated, and its beautiful old stadium lay bedraggled and unkempt in the shadow of a shiny new shopping development in Dugbe. 3SC had slid out of top flight football in 2006, and by 2009 they were bankrupt.

True to its nature, the club showed pride and resolve when facing adversity, and after shuttling between divisions for an extended period, the club finally came back to the first division. Fast forward to today with two matches to go and only a point separating the team from the relegation zone, there was again that familiar feeling of *déjà vu* as the Oluyole Warriors fought for survival against visiting Wikki Tourist. Walking into Adamasingba Stadium for the final home game of the season felt like walking into Rome's Coliseum. You could feel the tradition exuding from the old cement stands, which was quickly filled with anxious supporters. Even the die-hard fans of the 3SC and other visiting supporters (who under any other circumstances would be at each others' throats) seemed to have a temporary truce for the day. The fans came out en masse to give their full support as various chants could be heard all over the stadium.

Thanks to Hams Universal Consulting,

a special package has been planned for today's opening ceremony. Support on the day came in the form of comedians and musicians who came an hour early to entertain the crowd and the players ahead of the match.

From start to finish the atmosphere was filled with chants and shouts as the game ended in victory for the home team thanks to a solitary goal. In contrast to the pre-match nerves, the stadium was full of life, verve and optimism at the blow of the final whistle. 3SC finished 2 points clear of its nearest rivals MFM. They lost 17 of their games, won 14 and drew 5. One only hopes that as the team improves next season and hopefully the team can bring back the glory days and maybe once again our streets will be lined with white, blue and gold.



Name: Shootings Stars

Alias: Oluyole Warriors

Stadium: Lekan Salami & Adamasingba

Capacity: 10,000

Colours: Blue, White and Gold.

EXTRA
FEATURE

A CHAT WITH THE COMMISSIONER FOR YOUTH AND SPORTS, OYO STATE, **HONORABLE ABAYOMI OKE**

IB City Info had a quick chat with the Mr. ABAYOMI OKE, Honourable Commissioner for Youth and Sports, Oyo State who assumed office a few months ago, to discuss his plans for youth and sports development in the state in the coming year.

Q: Can you tell us the basic responsibilities of your office?

A: I'm the overall head of the Ministry of Youth and Sports. I'm in charge of anything affecting youth and sports in the state. The Ministry evolves, creates and ensures the implementation of Government policies and programs for the



development of youths and sports in the state; through the activities of the Sports Council and Youth Agency parastatals under the Ministry. Having assessed what we have on ground in the past months and with the prevailing economic situation in the country, we are currently re-strategizing and coming up with new policies for youth and sports development in the state.

Q: What are your plans for sports development in Oyo State in the coming year?

A: The Ministry has adopted a two-pronged approach which is "Catch them young" and "Healthy Living Through Sports" policy. The policy changes the thematic scope of sports development and its approach in Oyo State, and shifts focus to underage sports. For instance, there will be open trials this December.



for Under 17 athletes in several fields including football, handball, basketball, volleyball, athletics and special games. This will lead to inter-collegiate sports competitions next year. It is compulsory for us that sports should go in tandem with their education. We are also working on strengthening the Sports Council. While the Ministry initiates policies, it is the responsibility of the sports council to implement those policies. That's why it is imperative to the development of sports that we strengthen the sports council. We are also looking to upgrade sporting facilities across the state and engage the youths in sporting activities. Apart from the underage sports, we are also developing adult sports to encourage healthy living through sports.

Q: I'm sure the youths aren't left out of these elaborate plans. What are your plans for Youth development in the coming year?

A: Similarly, we are changing the thematic scope of youth development and placing focus on the creation of employment through entrepreneurship, agriculture and skill acquisition. In view of the prevailing economic situation, it is important that there is a paradigm shift with focus on skills acquisition. Also, we have developed a strategy to curb Urban

Rural Migration by training people in rural areas in other that they will stay in their locality and contribute to the economic development of the place. We are also partnering with the Bank of Industry and the Central Bank of Nigeria to generate funds for our youth to get training, mentorship and empowerment in form of seed grants. Very soon, every youth will have the opportunity to register their details with the Ministry as we are working on creating a database for all our youth. The youth are very important to the government and we are doing

everything to make sure that they get as much support as possible. The focus of the government, especially under this economic recession, is to ensure that we reposition our youths for skill acquisition and entrepreneurship empowerment. This is also a means to reduce dependency on white collar jobs. We also want to encourage youth socialization and enhance youth participation in state development. All these policies are being put in place and implementation will begin very soon.





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Ibadan - Abuja	11:15	Sat
Abuja - Ibadan	9:30	Sun
Ibadan - Abuja	11:15	Sun

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Lagos - Ibadan	8:00	Sat
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Abuja - Ibadan	13:00	Sun
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SAT: @IBADAN - 13:30 - 14:00

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TUES: @IBADAN - 13:30 - 14:00
WED: @IBADAN - 16:30 - 17:00
FRI: @IBADAN - 16:30 - 17:00

DOWN TRAIN

ILORIN - IBADAN - LAGOS

WED: @IBADAN - 15:30 - 16:00
SAT: @IBADAN - 13:30 - 14:00
SUN: @IBADAN - 13:30 - 14:00

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AJUMOSE (PACE SETTER)

INTERCITY SHUTTLE

08033740772,
08035722738.

6:30AM

LAGOS, ABEOKUTA, ERUWA, SAKI,
ISEYIN, OGBOMOSHO, OYO, IGBOORA,
IDDO, ILORIN, MINNA, UYO, CALABAR,
JOS, ABUJA, SOKOTO, OWERRI-ABA,
KANO, PORT-HARCOURT, KADUNA.

LOADING POINTS IN IBADAN

LAGOS ROUTE: IWO ROAD, BESIDE CON-OIL
FILLING STATION
NORTH ROUTE: OJOO, BESIDE ODOGBO
ARMY BARRACK
ABEOKUTA ROUTE: DUGBE OPPOSITE
ACCESS BANK
ERUWA ROUTE: ERUWA GARRAGE
OPPOSITE ASKAR PAINTS LIMITED
IDDO ROUTE: AYEYE, IDDO GARRAGE
EAST ROUTE: EID, GATE, OPPOSITE IBADAN
CIVIC CENTRE

SANGO(SAKI)

SAKI, IGBOHO, AGO ARE, OKE O
08075723424 07059596565
GARRAGE BUS STOP SANGO

Motor Parks



SANGO(LAGOS GARRAGE)

OJOTA, BERGER, OSODI, AGEGE, PENCINEMA, IYANAPAJA, ILORIN
OGBOMOSHO, ABEOKUTA, KUTO, OYO, IKORODU
08030693340, 08056302357
OPP. POLY ROAD, SANGO IBADAN

OJOO 1.

IJEBU-ODE, ABEOKUTA, IKORODU, MILE2, AGEGE, PENCINEMA
BESIDE LADEGBUWA FILLING STATION OJOO IBADAN

OJOO2

ILORIN, OGBOMOSHO, OYO, ISEYIN, SAKI, SOKOTO, ABUJA, KANO,
KADUNA
BESIDE FCMB, MONIYA ROAD IBADAN

IWO ROAD

BERGER, OJOTA, OSHODI, AGEGE, PENCINEMA, IYANAPAJA,
ABEOKUTA, IKORODU, ILORIN
BESIDE WORLD OIL IWO ROAD IBADAN



INTER-CITY TRANSPORT CALCULUX

08034333820
7:30AM
PORT-HARCOURT, WARRI
NO 32, OYO ROAD BESIDE MOBIL FILLING STATION, OPP. U.I. IBADAN.

IFESINACHI

08070591899
6:30AM
ONITSHA, OWERRI, ABA, PORTHARCOURT, ENUGU, NSUKA, ABUJA,
ABAKALEKE, KADUNA
VETENARY AREA MOKOLA IBADAN

ICT

07062592723, 08034418698
6:30AM
OWERRI, ABA, UMUAHIA, ENUGU, ONITSHA (THEY CAN ALSO BE
CHARTERED TO ANYWHERE IN NIGERIA)
37, OYO ROAD OPP. PROVINDENCE COURT MOKOLA IBADAN

PEACE MASS TRANSIT

08063671838
6:00-6:30AM
ONITSHA, ABA, ENUGU, UMUAHIA, PORTHARCOURT, BAYELSA,
ABAKALEKE, ABUJA, WARRI
OLD AIRPORT SAMONDA SANGO ROAD IBADAN

RELAIBLE LOGISTIC SERVICES

08137793215
7:00AM
ABUJA, WARRI, PORTHARCOURT, BENIN, DELTA, KADUNA
OGUNYASE SHOPPING COMPLEX OPP. MAIN STREET BANK U.I.
IBADAN

GLORY-LINE

07033339100, 08036426216
6:00AM-6:30AM
ABUJA, WARRI, PORTHARCOURT, LAGOS
NO 30, OYO ROAD OPP. U.I. POST OFFICE

EAGLE LINE

08057917236, 08071690238
7:00AM
SAPELE, WARRI, ABUJA, LOKOJA, BENIN, PORTHARCOURT (THEY
CAN ALSO BE CHARTERED TO ANY WHERE IN NIGERIA)
NO 30, OYO ROAD AGBOWO NEAR U.I. IBADAN

POLICE DIVISIONS EMERGENCY HOTLINEs



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ACP C.O LUKE
AREA COMMANDER IYANGANKU
08123386394

CSP OSADOLOR OLAYE
DPO FELELE
08037153091

CSP JULIE KEMI AJAO
DPO IYANGANKU
08062147514

SP CHIME CHUKWUDI
DPO CHALLENGE
08035018614, 08081766023

SP ORIDODE AKINTUNDE
DPO MAPO
08037212624

CSP AKU JOHN WADA
DPO MOKOLA
08027971717

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DPO TOLL GATE
08033474953

CSO SONUBI O. AYODELE
DPO APATA
08033387701, 07089310809

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DPO AKANRAN
08037125000

SP PETER A. AKWUEH
DPO SANYO
08035008734

W/DSP LAWAL F. MOBOLAJI
DPO IDI AYUNRE
08037209467, 08081778580

DSP EJIGBO T. GANIYU
DPO AYETE
08029261808

DSP OLUKAYODE ADIGUN S.
DPO ERUWA
080371710304, 08026073119

DSP FAMUYIWA OJO OLUSEGUN
DPO LANLATE
07064639165

CSP OKENLA OLUSEYI
DPO OLUYOLE
08081763598

SP HASSAN I. KHALIL
DPO IGBOORA
08123820721, 08034281464

DSP MATHEW OLUSOLA
DPO ILE-IDO
08081763625, 08058246807,
0806473116

W/SP OKORONKWO ROSE ONYI
DPO APETE
08126653718

DSP FADARE OLANIYI
DPO ELEYELE
08033683758

AGODI AREA COMMAND

ACP SUNDAY ODUKOYA AGODI
AREA COMMANDER
08033068628

CSP TUNDE ADENIRAN
DPO AGODI
07089310500

CSP OLADIPO KOLAWOLE
DPO EGBEDA
08033192513

SP OROLE ADELAKUN VINCENT
DPO IDI-ARO
080126284194/08038229270

SP ALI GANIYU
DPO AKOBO
08036751170

SP ADEREMI BALOGUN
DPO MONIYA
08154747967/08126281895

SP PIUS AFACHUNG
DPO AGUGU
08025572555

CSP OKE SUNDAY
DPO OGBERE
08081768637

CSP KINGSTON IROZURU
BODIJA MARKET
08081779451

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DPO SANGO
08074580397

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08081769394/08025808244

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08064273032

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DPO IKOLABA
08125275737

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080775062398

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08126579215

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0863812519/07061946811

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08034241508/08081779208

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08038236434

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08033618361

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07037192769/08081768631

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08033516291

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ADELEKE
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2 I/C ACOPOL AGO-AMODU
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DPO OTU
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SP HASSAN BAPPA
DPO SHAKI
08036689892

DSP GBENGA OGUNLEYE
DPO TEDE
08034554110

CSP ADEYEMI OLAOLU
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